

## **ATTENTION**

**All Email Accounts have been reset as of June 24<sup>th</sup>.**

**The new default password is: VFW2020!**

**Please note Officer Bonds and Employee Bonds  
expire August 31, 2020**

**REMEMBER:** All names on bank account(s) must be bonded



*"Steady the Course"*

**NUMBER 1**

403 Lee Jackson Highway  
(540) 886-8112

FAX: 866-416-0586  
Website: [www.vfwva.org](http://www.vfwva.org)  
Email: [statehq@vfwva.org](mailto:statehq@vfwva.org)

**July 1, 2020**

Staunton, Virginia 24401  
In Virginia 800-888-3521

**GUIDE TO THE GO:**

Articles are listed by number not by pages:

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**1. COUNCIL OF ADMINISTRATION:**

State Commander	Eric Mallett	<a href="mailto:cdr@vfwva.org">cdr@vfwva.org</a>	Post 4809
Senior Vice Commander	Harold "Butch" Schupska	<a href="mailto:srvicecdr@vfwva.org">srvicecdr@vfwva.org</a>	Post 3160
Junior Vice Commander	Eddie Reasor	<a href="mailto:jrvicecdr@vfwva.org">jrvicecdr@vfwva.org</a>	Post 5715
Adjutant/Quartermaster	Ed Mann	<a href="mailto:adj@vfwva.org">adj@vfwva.org</a>	Post 9808
Judge Advocate	Geoffrey Lyster	<a href="mailto:judge@vfwva.org">judge@vfwva.org</a>	Post 9835
Surgeon	Gary Adams	<a href="mailto:surgeon@vfwva.org">surgeon@vfwva.org</a>	Post 1115
PDC	Rick Raskin	<a href="mailto:rraskin@vfwva.org">rraskin@vfwva.org</a>	Post 7589
Chief of Staff	James Evans	<a href="mailto:chiefofstaff@vfwva.org">chiefofstaff@vfwva.org</a>	Post 392
State Chaplain	Harold Sayles	<a href="mailto:chaplain@vfwva.org">chaplain@vfwva.org</a>	Post 10654
State Inspector	Doug Hoffman	<a href="mailto:inspector@vfwva.org">inspector@vfwva.org</a>	Post 3160
District 1 Commander	Mark Shockley	<a href="mailto:cdrdist1@vfwva.org">cdrdist1@vfwva.org</a>	Post 3216
District 2 Commander	Doug Hoffman	<a href="mailto:cdrdist2@vfwva.org">cdrdist2@vfwva.org</a>	Post 3160
District 3 Commander	Jose Rivera	<a href="mailto:cdrdist3@vfwva.org">cdrdist3@vfwva.org</a>	Post 9808
District 4 Commander	Fred Hill	<a href="mailto:cdrdist4@vfwva.org">cdrdist4@vfwva.org</a>	Post 7059
District 5 Commander	David Gilleran	<a href="mailto:cdrdist5@vfwva.org">cdrdist5@vfwva.org</a>	Post 4637
District 6 Commander	David Jarrett	<a href="mailto:cdrdist6@vfwva.org">cdrdist6@vfwva.org</a>	Post 12179
District 7 Commander	Michael Diaz	<a href="mailto:cdrdist7@vfwva.org">cdrdist7@vfwva.org</a>	Post 9760
District 8 Commander	Charles Bush	<a href="mailto:cdrdist8@vfwva.org">cdrdist8@vfwva.org</a>	Post 3103
District 9 Commander	Dan Boyer	<a href="mailto:cdrdist9@vfwva.org">cdrdist9@vfwva.org</a>	Post 7726
District 10 Commander	Robert Adamczyk	<a href="mailto:cdrdist10@vfwva.org">cdrdist10@vfwva.org</a>	Post 1503
District 11 Commander	Melissa Patrick	<a href="mailto:cdrdist11@vfwva.org">cdrdist11@vfwva.org</a>	Post 7814
District 12 Commander	Bud Davis	<a href="mailto:cdrdist12@vfwva.org">cdrdist12@vfwva.org</a>	Post 6975
District 13 Commander	Deadra Miller	<a href="mailto:cdrdist13@vfwva.org">cdrdist13@vfwva.org</a>	Post 1827

At the 98<sup>th</sup> Annual State Convention of the Veterans of Foreign Wars, Department of Virginia, held in Mechanicsville, Virginia, June 27, 2020, I, Eric Mallett, being duly elected and installed as State Commander in Accordance with Article V, Section 517 of the National By-Laws, do hereby assume Command.

All previous appointments are hereby declared vacant as of June 27, 2020, except those set forth in the By-Laws.

**2. APPOINTMENTS FOR 2020-2021:**

<b>COMMITTEES</b>	<b>POSITION</b>	<b>FIRST</b>	<b>Last Name</b>	<b>Post</b>
Audit Committee	Chairman	John	Meehan	1503
Audit Committee	Member	James	Adams	7916
Audit Committee	Member	Ron	Laney	1503
Audit Committee	Member	Gary	Adams	1115
Audit Committee	Member	Tom	Gimble	1503
Awards & Citations	Chairman	Kathy	Goodall	4809
Awards & Citations	Member	Steve	Byrne	9339
Awards & Citations	Member	Ken	Hale	1827
Awards & Citations	Member	Andy	Smith	8947
Buddy Poppies	Chairman	Ed	Mann	9808
Budget	Chairman	Ed	Mann	9808
Budget	Member	Harold	Schupska	3160
Budget	Member	Eddie	Reasor	5715
Budget	Member	Geoffrey	Lyster	9835
By Laws & SOP	Chairman	Geoffrey	Lyster	9835
Community Services	Chairman	Eddie	Reasor	5715
Credentials	Chairman	Jill	Lynch	3219
Disaster Relief	Chairman	Eddie	Reasor	5715
Fund Raisers	Chairman	Ed	Mann	9808
Fund Raisers	Member	Harold	Schupska	3160
Fund Raisers	Member	Geoffrey	Lyster	9835
Homecoming	Chairman	Steve	Braunshausen	4809
Homecoming	Member	Scott	Bannon	4809
Homecoming	Member	Mark	Winn	392
Honor Guard	Captain	Phil	Arendsen	8529
Honor Guard	Member	Howard	Minton	1115
Honor Guard	Member	Randy	Coker	1503
Honor Guard	Member	Doug	Osbourne	2239
Honor Guard	Member	Mark	Maggio	4639
Honor Guard	Member	Richard	Zick	4639
Honor Guard	Member	Earl	Baskett	1115
Honor Guard	Member	Said	Lazo-Aguilar	2239
Honor Guard	Member	James	Pitts	8529
Honor Guard	Member	James	Collins	4639
Honor Guard	Member	Mark	Jarrell	4639
Honor Guard	Member	Gary	Adams	1115
Honor Guard	Member	Jarl	Christensen	4639

Honor Guard	Member	Mitchell	Rubenstein	2447
Honor Guard	Member	Herb	DeGroft	8545
Honor Guard	Member	Donnie	Duncan	2239
Hospital/Suicide Prevention	Chairman	Harold	Sayles	10654
Hospitality	Chairman	Mark	Winn	392
Hospitality	Member	Howard	Minton	1115
Joint Leadership Council	Chairman	Daniel	Boyer	7726
Joint Leadership Council	Vice Chairman	Rick	Raskin	7589
Legislative Committee	Chairman	Monti	Zimmerman	7589
Legislative Committee	Member	Kelly	Basham	3160
Legislative Committee	Member	Gary	Adams	1115
Membership/Life Membership	Chairman	Tom	Hines	9954
Membership/Life Membership	Member	Kathy	Goodall	4809
Membership/Life Membership	Member	Tom	Troy	5412
Newspaper	Chairman	Randy	Coker	1503
Newspaper	Member	Ed	Mann	9808
Outreach	Chairman	Ron	Link	7589
Parliamentarian	Chairman	John	Smart	1503
Patriots Pen	Chairman	Dennis	Walk	176
POW/MIA Committee	Chairman	Michael	Chism	2582
Resolutions Committee	Chairman	M. Conrad	Agresti	3150
Resolutions Committee	Member	Barney	Campbell	10654
Resolutions Committee	Member	James	Brown	9501
Scouting	Chairman	Bob	Fenlason	7916
Service Officer		Bobbiejo	Lazo	637
Service Officer	Asst.	Kelly	Pearson	3160
Service Officer	Asst.	Tami	Brown	1503
Teacher's Recognition	Chairman	Chris	Birch	9760
Time & Place Committee	Chairman	Eugene	Chavis	10826
Time & Place Committee	Member	Gary	Adams	1115
Time & Place Committee	Member	Ed	Mann	9808
Veterans and Military Support Committee	Chairman	Ron	Link	7589
VFW Riders	Chairman	William	Shepherd	3160
Vietnam War Commemoration Committee	Chairman	Jeffrey	Dombroff	9835
Vietnam War Commemoration Committee	Member	Gary	Myers	1827

Voice of Democracy Committee	Chairman	Lou	Filippone	7589
Women Veterans Committee	Chairman	Jill	Barnes	3160
Women Veterans Committee	Member	Kelly	Basham	3160

### 3. COMMANDER'S MESSAGE:

Comrades,

I am truly proud and humbled to have been elected by you all and installed as your State Commander. This opportunity to serve is a great Honor. I would like to start out saying that the last six months has been a challenge for our Posts, Districts, and our Department with COVID 19. As a group of dedicated veterans, we rose to the challenge and took care of business. As we start the new year 2020-2021, I have made some changes you all will see. There is a chance for COVID 19 to return this fall or winter. Some of the changes are a plan if this does arise.

The 2020-2021 Commanders State Program guide and plans have been published for the New Year and I encourage everyone to read them and make sure all the Post and District Officers have a copy. The **Post and District ALL-STATE REQUIREMENTS have goal date changes** - please review them. This is a working document and will be changed as needed.

A quote to think on, "Your passion is your internal compass that will guide you from where you are, towards where you want to go." My theme this year is "Steady the Course".

The Membership – Awards Program has been designed with incentives to work on membership, VFW programs, meeting attendance and submission of reports. Post and District membership 100% quotas will be based on the June 30, 2021 membership as adjusted by National Headquarters. Except where noted, the quota will **NOT** be reduced because of members who die or transfer to another Post. A new Post will be assigned a membership quota of 30 members.

As we reflect on our goals, remember membership is key. This year, Virginia has our first ever Commander in Chief leading this outstanding organization. He is our comrade and friend and we need to rally behind him with 110% and work our tails off to support his year as our Commander in Chief!!! Next quote, "In God we trust, all others bring data". Work the membership goals with everything you got, stay on course, and step by step, we all got this.

The first challenge to **all** comrades' right out of the gate: recruit 4 new members before Dec 30<sup>th</sup>. The second challenge is for all Officers - Post, District, and Department Staff visit comrades we have not seen in a while. Get out and go visit them. Take a Chaplin with you and make it a good visit.

#### **Department of Virginia's membership goal percentages and goal dates 2020-2021**

September 15, 2020 Department membership 75%  
 December 31, 2020 Department membership 90%  
 March 30, 2021 Department membership 95%  
 May 8, 2021 Department membership 100%  
 June 30, 2021 Department membership 105%

Our Auxiliary President Maggie Myers and I have a special project this year is to raise money for different clinics in the state of Virginia, with a focus on those that help and treat PTSD. More to come soon, as this will be an ongoing working project.

In late January, I had a job change. I now work 7 days a week, 10-12 hours a day. I have very little time off, so you will see my Staff Officers more this year as they all have agreed to step up and help me. I'm very proud and grateful

for all my line officers, everyone that excepted their appointments, all our Past State Commanders support through the years, and the comrades that have offered their support. THANK YOU ALL.

I want to thank everyone that helped make this last month's State Convention happen under the difficult COVID19 restrictions. Post 9808 did great planning and accommodating everyone in order to make the Convention outstanding!! Thank you! JOB WELL DONE!!!!

**“I wish each and every one an excellent year and hope all Posts and Districts reach goals to All State and All American. Your department line officers are here to help you STEADY THE COURSE.”**

Eric Mallett  
State Commander  
Department of Virginia

#### 4. ACTIVE MEMBERSHIP:

The National By-Laws provide for only one type of membership: active membership. There are no provisions in the National By-Laws, nor is there any authority or justification for issuance of Club Membership cards, Associate Member cards, Honorary Membership cards, or any other special cards. Any Post issuing unauthorized cards, or conducting club operations open to the public, endangers its standing with the Internal Revenue Service as a non-profit organization. Officers signing outlaw cards admitting non-members to VFW premises are subject to disciplinary action. National and Department officers cannot defend practices that conflict with VFW By-Laws or procedures.

#### 5. DISTRICT MEETINGS:

1<sup>st</sup> Date: 08/15/20  
Meeting: 11:00 AM  
Location: Post 2296 Tasley  
21503 Daugherty Road  
Rep:

5<sup>th</sup> Date: 8/15/20  
Lunch: to follow Meeting  
Meeting: 12:00 Noon  
Location: TBD  
Rep:

2<sup>nd</sup> Date: 8/8/20  
SOI: TBD  
Lunch: TBD  
Meeting: TBD  
Location: Post 392 Virginia Beach  
2408 Bowland Parkway  
Rep:

6<sup>th</sup> Date: 8/23/20  
Meeting: 2:00 PM  
SOI: To follow Meeting  
Location: Post 1033 Covington  
710 E Dolly Ann Dr  
Rep:

3<sup>rd</sup> Date:  
SOI: TBD  
Meeting: 10:00 AM  
Lunch: to follow Meeting  
Location: Post 9808 Mechanicsville  
7168 Flag Lane  
Rep:

7<sup>th</sup> Date: 08/15/20  
SOI: 9:00 AM  
Lunch: 12:30 PM  
Meeting: 1:00 PM  
Location: Post 9760 Berryville  
425 S. Buckmarsh Street  
Rep:

4<sup>th</sup> Date: 08/08/2020  
SOI: 10:00 AM  
Lunch: After SOI  
Meeting: After lunch  
Location: Post 9954 Victoria  
1000 Marshal Ave  
Rep:

8<sup>th</sup> Date: 9/19/20  
SOI: 9:00 AM  
Meeting: To follow SOI  
Location: Post 2524 Culpeper  
12210 Sperryville Pike  
Rep:

9<sup>th</sup> Date: 09/19/20  
Meeting: 10:00 AM  
Location: Post 7726 Independence  
115 Klondike Rd

11<sup>th</sup> Date: TBD  
SOI: TBD  
Meeting: TBD  
Location: TBD

Rep:  
10<sup>th</sup> Date: TBD  
Lunch: TBD  
Meeting: TBD  
Location: TBD

Rep:  
12<sup>th</sup> Date: 8/8/20  
Registration: 10:00 AM  
Meeting: 11:00 AM  
Location: Post 1994 Abingdon  
17581 Lee Highway#3921

Rep:

Rep:

13<sup>th</sup> Date: 8/8/20  
SOI: TBD  
Meeting: 12:00 Noon  
Lunch: After Meeting  
Location: Post 1827 Charlottesville  
1170 River Road

Rep:

## 6. ALL-STATE:

Congratulations to the following Districts and Posts who made All-State since the last list in the General Orders.

District 2, Department of Virginia  
District 8, Department of Virginia

District 4, Department of Virginia

VFW Post 9760, District 7, Berryville, VA

VFW Post 8644, District 11, Bridgewater, VA

The Meritorious Posts are as follows:

VFW Post 3136, District 11, Waynesboro, VA

Yours in Comradeship  
Ed Mann  
State Adjutant/Quartermaster

## 7. OFFICE CLOSURE:

State Headquarters and the Hopewell, Norfolk and Dale City Service Offices will be closed July 3, 2020 for Independence Day.

## 8. DIGITAL MEMBERSHIP CARDS:

Members now have the ability to download their digital version of their membership card. Depending on whether a member has an iPhone or Android, they will be able to download and access their digital membership card from the VFW app.

This will not replace the physical VFW membership card - we will still be sending out membership cards to all our annual and Life members. This is intended as another option for our members' convenience. When asked to show a VFW membership card, a member can either produce their physical card out of their wallet or display their digital card on their smart phone.

## 9. DUTIES OF TRUSTEES:

Attention of Post Commanders is directed to section 218 of the Manual of Procedure, "Duty of Trustees." Trustees Report of Audit must be completed in detail at the close of each quarter. Commanders are reminded that accurate and complete records shall be kept by all persons handling Post funds, including the Club Manager and Bingo Chairman. These records shall be audited by Post Trustees in the same manner as Post Quartermaster and Adjutant records.

## 10. E-MAIL ACCOUNT ACCESS:

All email accounts were reset so the new Officers could take control of their emails as of **June 25<sup>th</sup>**. This will be the primary means of sending correspondence from State Headquarters to Post and District Officers.

You will receive all General Orders, special notices and any other documentation that you need via email. This will help cut down on postal expenses and speed up the response time for you receiving the information.

Here are directions for logging into your new account for the first time.

1. Go to Department web site [www.vfwva.org](http://www.vfwva.org).
2. Click on Resources, Microsoft 365.
3. The user name is your email address; put that on the first line (see below for your new address).
4. Your default password will be **VFW2020!** once you have accessed the mail program you will be asked to change it; it must contain at least one uppercase letter and one number.

For Post Officers, your address will be [cdrpost176@vfwva.org](mailto:cdrpost176@vfwva.org) where the 176 is you replace it with **your** Post number.

[adjpost176@vfwva.org](mailto:adjpost176@vfwva.org)  
[qmpost176@vfwva.org](mailto:qmpost176@vfwva.org)

For District Officers your address will be [cdrdist1@vfwva.org](mailto:cdrdist1@vfwva.org) for Districts other than the first just replace the 1 with your district #

[adjdist1@vfwva.org](mailto:adjdist1@vfwva.org)  
[qmdist1@vfwva.org](mailto:qmdist1@vfwva.org)

## 11. IMPORTANT DATES:

August 27 - 30, 2020	National Commander-in-Chief Hal Roesch's Homecoming, Portsmouth, Virginia
September 26, 2020	Fall Council of Administration meeting, State Headquarters
Oct 29-Nov 1, 2020	Southern Conference, Asheville, North Carolina (see attached package)
January 7-10, 2021	Winter Council, Renaissance Portsmouth-Norfolk Waterfront Hotel, 425 Water Street, Portsmouth, VA; phone 757-673-3000. Room Rates are \$94.00 per night. Group name "VFW Department of Virginia Winter Council Meeting"; Cut-off Date December 7, 2020.
February 5-7, 2021	State Commander/State President/MOCA Homecoming, Virginia Beach, VA

## 12. GENERAL ORDERS:

The cut off for the General Orders is the 20<sup>th</sup> of the month. No EXCEPTIONS. Subscriptions for hard copy General Orders are \$30.00 for the year (**please note new price**). Contact State Headquarters for more info.



### 13. INCORPORATION:

The attention of the Post Commander is directed to section 708 of the National By-Laws and the Manual of Procedure, which prescribes the procedure for the Incorporation of Units. It shall be the responsibility of the Post

Commander to ensure full compliance with both sections and to ensure that all state requirements for annual filing, fees, etc., are met in a timely manner.

Posts should take the necessary steps to incorporate under the laws of the state in which the Post is located. Financial responsibility laws, as interpreted by the courts, may cause members of unincorporated Posts to be at risk. Incorporating under the provisions of section 708 of the National By-Laws and the Manual of Procedure and the laws of the state will provide protection for Post members. Posts are urged to contact their Department Adjutant to obtain the proper forms for incorporating. The Articles of Incorporation must be reviewed by the Commander-in-Chief prior to forwarding them to the proper state authorities.

### 14. IRS FORM 8822-B:

IRS form 8822-B. It is now a requirement by the IRS that all Posts submit this form. This form must be submitted any time the Post Quartermaster changes and/or the Post address changes. This was effective January 1, 2014.

Here is the link to get the form and instructions – <http://www.irs.gov/pub/irs-pdf/f8822b.pdf>  
This will also apply to all Auxiliaries that have their own EIN number.

### 15. LEGACY LIFE MEMBERSHIP:

CHECK OUT OUR LEGACY LIFE VIDEO! Go to [www.vfw.org](http://www.vfw.org), click on JOIN, scroll down to Legacy Life Membership and then click on the video on the right. This prestigious program is available to all Life members and is now available in memoriam for past Life members. There are three levels of membership, each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

<i>Enrollment Cost:</i>	<i>Annual Payouts:</i>	<i>Post:</i>	<i>Department:</i>	<i>National:</i>
<b>Levels:</b> Gold- \$1200.00		\$18.00	\$18.00	\$18.00
Silver- \$800.00		\$12.00	\$12.00	\$12.00
Bronze- \$400.00		\$6.00	\$6.00	\$6.00

*What will your Legacy be?*

### 16. NATIONAL BY-LAWS:

We learned today, as announced by the Adjutant General, that the 2020 edition of the Podium Edition of the National Bylaws will be the same edition used for 2021. No substantive changes will be made to any bylaws as there will not be a National Convention to vote on any recommended changes.

You may see that a special edition for the 2021 edition is published but we have been told that this will only include changes to punctuation, spacing, font size, etc. and no actual bylaw, manual of procedure, or ritual changes will be included. A special page will be added to that stating no convention was held this year due to the COVID-19 pandemic.

As such, those Posts with the 2020 edition will be considered to have met the requirement when being inspected. Section 218(a)(6)(e) of the manual of procedure requires the Post Adjutant to keep a copy. You will be able to buy those at the National HQs store via the store website.

Please let me know if you have any questions on these.

## 17. PARLIAMENTARY AUTHORITY:

Procedure and Ritual establish that *Robert's Rules of Order, Newly Revised, 11th Edition* shall be the parliamentary authority on procedural matters not governed by VFW By-Laws and Manual of Procedure. This edition of *Robert's Rules of Order* is readily available at local book stores and online retailers such as Barnes & Noble and Amazon.

## 18. PATRIOT DAY:

**SEPTEMBER 11.** Per Presidential Proclamation, September 11, is designated as "Patriot Day." The President requests the flag of the United States to be flown at half-staff (sunrise to sunset) and a moment of silence observed in honor of the individuals who lost their lives on that day due to terrorist attacks on the United States. For flags and other patriotic items, click here [vfwstore.org/category/patriotic/miscpatriotic](http://vfwstore.org/category/patriotic/miscpatriotic).

## 19. POST OFFICER'S DUTIES:

Attention of incoming Post Officers is directed to Section 218 of the Manual of Procedure which outlines the duties of various Post Officers.

## 20. PROOF OF ELIGIBILITY:

Commanders, Adjutants and Quartermasters are reminded of the requirements of sections 216, 416 and 516 of the Manual of Procedure with regard to proof of eligibility for officers. Officers shall not be installed or assume the duties of their office until proof of eligibility has been submitted and reviewed. Failure or refusal to submit proof of eligibility within thirty (30) days of election or appointment shall result in the office being declared vacant.

## 21. PURCHASING BUDDY POPPIES

For many years, the courtesy of allowing Posts to buy Poppies and to pay later was something that was extended as a way to help Posts. However, we have started to see too many Posts still owe for Poppies at the end of the year because of not paying their bill. Effective May 30, 2019, Posts must pay before they can receive Poppies. We will continue to accept payment by check, or you can call and order over the phone with State Headquarters by using a credit or debit card. An order form is enclosed.

Ed Mann  
State Adjutant/Quartermaster

## 22. REPORTING:

Comrades to view whether your Post has submitted an Audit Report, Americanism, Community Service, Safety, Youth or Hospital report you should visit the Department website ([www.vfwva.org](http://www.vfwva.org)).

The website is updated daily. If you have any questions, please call State Headquarters.

There will be no form for Homeless when reporting for assistance to a homeless veteran please put it on a Community Activity report under aid to others.

## 23. SCHOLARSHIP ESSAY THEMES:

The 2020–2021 themes have been chosen by Senior Vice Commander-in-Chief Harold J. "Hal" Roesch, II. The Voice of Democracy theme will be "**Is This the Country the Founders Envisioned?**" and the Patriot's Pen theme will be "**What is Patriotism to Me?**"

**24. SPECIAL ORDER NO. 244:**

Their eligibility to membership having been questioned under the provisions of Section 108 of the National Bylaws and the veteran having failed to submit proof of campaign medal service which would qualify for membership,

IT IS **HEREBY ORDERED** that the name of Greg N. Crowder, Life Membership No. 10198575, be removed from the rolls of Grover King Post No. 1115, Hillsville, Virginia, and their membership in the Veterans of Foreign Wars of the United States terminated by reason of ineligibility.

By order of  
William "Doc" Schmitz  
Commander-in-Chief

**25. SCHOOL OF INSTRUCTION POWERPOINT SLIDES:**

The slides for this year's School of Instruction (SOI) are listed on the state's website, [www.vfwva.org](http://www.vfwva.org). You should click on RESOURCES, then FORMS, then scroll down to GUIDES AND HANDOUTS. Although these are posted to the website, Posts are still required to attend their District's SOI.

Official:



Ed Mann  
State Adjutant

By Order of:



Eric Mallett  
State Commander



DEPARTMENT HEADQUARTERS  
 Veterans of Foreign Wars of the United States



Dear Comrade Commander:

August 1, 2020

One of the most important communications you will receive during the year concerns the bond of your Unit Quartermaster. Section 703 of our National By-Laws requires that each accountable officer shall be bonded with an Indemnity Company as surety and the By-Laws places the responsibility for adequate bonding upon the Commander of the post. In any business it is customary to bond any officer handling funds. **THE BOOKS AND RECORDS OF THE ACCOUNTABLE OFFICER MUST BE AUDITED AT LEAST QUARTERLY BY THE TRUSTEES. THIS IS TO COMPLY WITH SECTION 218 OF THE NATIONAL MANUAL OF PROCEDURES.**

The Department Headquarters carries a schedule bond for the bonding of Department and Post Accountable Officers. This bond runs for a year – from September 1 to August 31 – premium payments are made on that basis. All bonds expire on August 31 and premium for New Year is due on September 1.

Any unit may decide whether it prefers to take out a bond with some other surety company or have its funds protected by the Department Headquarters schedule bond. But the matter should be given prompt attention because if your Accountable Officer had previously been bonded through the Department Headquarters, **a new premium payment is required by September 1, 2020 and delinquent after this date.**

**IF BOND IS NOT RENEWED, TERMINATED, OR CANCELLED AT EXPIRATION DATE OF 9-1-2020, THE POST HAS ONLY 90 DAYS TO SUBMIT A PROOF OF LOSS FOR PRIOR TERM, AFTER 90 DAYS PRIOR COVERAGE CEASES.**

**COVERAGES OF THE POLICY REQUIRE THAT:**

1. You agree to make/or cause to be made, at least quarterly, an audit of your books and accounts, including complete verification of all securities and bank balances pertaining to each “employee and/or volunteer”.

If the above is not complied with, the Department will refuse to honor claim of missing funds which cannot be proven by records. Monthly audits and reconciliation of bank statements may avoid this denial of claim.

2. The Department will not pay for loss resulting from any unauthorized advances made by an “employee” to any member for delinquent dues and assessments.

3. “Employee” means any duly elected position, as listed in the policy schedule.

**4. POST MUST SUBMIT A PROOF OF LOSS FORM WITHIN 120 DAYS FROM THE FIRST DATE OF DISCOVERY OF THE LOSS. Proof of loss resulting from dishonest acts on the part of the bonded officer is required in settlement of claims.**

**THIS BOND IS ONLY FOR THE YEAR SEPTEMBER 1, 2020 TO AUGUST 31, 2021.**

**The funds of your Post are protected only for that year. Premium for the following year will be due September 1, 2021.**

DETACH AND RETURN THIS SECTION WITH YOUR PREMIUM CHECK TO YOUR DEPARTMENT HEADQUARTERS

\_\_\_\_\_  
 Give Name, Number, and Location of Post

I hereby apply for an Employee/Volunteer Theft (Surety Bond) in the amount of \$\_\_\_\_\_ for the position of \_\_\_\_\_ For the year of September 1, 2020 through August 31, 2021.

Number of Persons Bonded: 1 Number of Locations: 1 Post Annual Income: \$\_\_\_\_\_ Dated \_\_\_\_\_

Has the post had any bond losses over the past three years? \_\_\_\_\_  
 If yes, provide a description with date and amount of loss on a separate sheet.

**DEADLINE FOR BONDING IS SEPTEMBER 1, 2020 – AFTER THIS DATE YOU WILL BE DELINQUENT AND NOT IN COMPLIANCE WITH THE VFW BY-LAWS.**

\_\_\_\_\_  
 Commander or Adjutant or Senior Vice Signature

\_\_\_\_\_  
 Phone Number

\_\_\_\_\_  
 Street Address and City

**VFW QUARTERMASTER BOND**

**\$3.50 Per Thousand**

\$ 3,000.----\$10.50  
 \$ 4,000.----\$14.00  
 \$ 5,000.----\$17.50  
 \$ 6,000.----\$21.00  
 \$ 7,000.----\$24.50  
 \$ 8,000.----\$28.00  
 \$ 9,000.----\$31.50  
 \$ 10,000.----\$35.00  
 \$ 11,000.----\$38.50  
 \$ 12,000.----\$42.00  
 \$ 13,000.----\$45.50  
 \$ 14,000.----\$49.00  
 \$ 15,000.----\$52.50  
 \$ 16,000.----\$56.00  
 \$ 17,000.----\$59.50  
 \$ 18,000.----\$63.00  
 \$ 19,000.----\$66.50  
 \$ 20,000.----\$70.00  
 \$ 21,000.----\$73.50  
 \$ 22,000.----\$77.00  
 \$ 23,000.----\$80.50  
 \$ 24,000.----\$84.00  
 \$ 25,000.----\$87.50

(\$3,000. To \$25,000.)  
 \$3.50 Per Thousand

**\$2.50 Per Thousand**

\$ 26,000.----\$ 65.00  
 \$ 27,000.----\$ 67.50  
 \$ 28,000.----\$ 70.00  
 \$ 29,000.----\$ 72.50  
 \$ 30,000.----\$ 75.00  
 \$ 40,000.----\$ 100.00  
 \$ 50,000.----\$ 125.00  
 \$ 60,000.----\$ 150.00  
 \$ 70,000.----\$ 175.00  
 \$ 80,000.----\$ 200.00  
 \$ 90,000.----\$ 225.00  
 \$100,000.----\$ 250.00  
 \$110,000.----\$ 275.00  
 \$120,000.----\$ 300.00  
 \$130,000.----\$ 325.00  
 \$140,000.----\$ 350.00  
 \$150,000.----\$ 375.00  
 \$160,000.----\$ 400.00  
 \$170,000.----\$ 425.00  
 \$180,000.----\$ 450.00  
 \$190,000.----\$ 475.00  
 \$200,000.----\$ 500.00  
 \$210,000.----\$ 525.00  
 \$220,000.----\$ 550.00  
 \$230,000.----\$ 575.00  
 \$240,000.----\$ 600.00  
 \$250,000.----\$ 625.00

(\$26,000. To \$250,000.)  
 \$2.50 Per Thousand

**\$2.00 Per Thousand**

\$251,000.----\$ 502.00  
 \$252,000.----\$ 504.00  
 \$253,000.----\$ 506.00  
 \$254,000.----\$ 508.00  
 \$255,000.----\$ 510.00  
 \$256,000.----\$ 512.00  
 \$257,000.----\$ 514.00  
 \$258,000.----\$ 516.00  
 \$259,000.----\$ 518.00  
 \$260,000.----\$ 520.00  
 \$270,000.----\$ 540.00  
 \$280,000.----\$ 560.00  
 \$290,000.----\$ 580.00  
 \$300,000.----\$ 600.00  
 \$310,000.----\$ 620.00  
 \$320,000.----\$ 640.00  
 \$330,000.----\$ 660.00  
 \$340,000.----\$ 680.00  
 \$350,000.----\$ 700.00  
 \$360,000.----\$ 720.00  
 \$370,000.----\$ 740.00  
 \$380,000.----\$ 760.00  
 \$390,000.----\$ 780.00  
 \$400,000.----\$ 800.00  
 \$410,000.----\$ 820.00  
 \$420,000.----\$ 840.00  
 \$430,000.----\$ 860.00  
 \$440,000.----\$ 880.00  
 \$450,000.----\$ 900.00  
 \$460,000.----\$ 920.00  
 \$470,000.----\$ 940.00  
 \$480,000.----\$ 960.00  
 \$490,000.----\$ 980.00  
 \$500,000.----\$ 1,000.00

(\$251,000. To \$500,000.)  
 \$2.00 Per Thousand

**\$1.75 Per Thousand**

\$501,000.---\$ 876.75  
 \$502,000.---\$ 878.50  
 \$503,000.---\$ 880.25  
 \$504,000.---\$ 882.00  
 \$505,000.---\$ 883.75  
 \$506,000.---\$ 885.50  
 \$507,000.---\$ 887.25  
 \$508,000.---\$ 889.00  
 \$509,000.---\$ 890.85  
 \$510,000.---\$ 892.50  
 \$520,000.---\$ 910.00  
 \$530,000.---\$ 927.50  
 \$540,000.---\$ 945.00  
 \$550,000.---\$ 962.50  
 \$560,000.---\$ 980.00  
 \$570,000.---\$ 997.50  
 \$580,000.---\$1,015.00  
 \$590,000.---\$1,032.50  
 \$600,000.---\$1,050.00

(\$501,000. And UP)  
 \$1.75 Per Thousand



Tallman Insurance

A.1 Employee/Volunteer Theft (Dishonesty Bond)
VFW APPLICATION FOR CLUB EMPLOYEES &
BINGO TO BE COMPLETED BY BONDED
INDIVIDUAL

TRAVELERS CASUALTY AND SURETY COMPANY OF AMERICA

Bond Term: October 1, 2020 to September 30, 2021

1. a) Name of Post Post #

b) Post Address

2. a) Name of Person to be Bonded

3. Position to be Bonded Bond Requested \$

4. Number of Persons Bonded 1

5. Number of Locations 1

6. Post Annual Income

7. Has the post had any bond losses over the past three years?

If Yes, provide a description along with the date and amount of loss.

8. a) Have you ever been bankrupt or insolvent?

b) If yes, please give details in a separate confidential letter to the Insurance Company

9. a) Have you ever been convicted of a felony or misdemeanor? (Other than Traffic Violations)

b) If yes, explain

IF BOND IS NOT RENEWED, TERMINATED, OR CANCELLED AT EXPIRATION DATE OF 10-1-2020, THE POST HAS ONLY 90 DAYS TO SUBMIT A PROOF OF LOSS FOR PRIOR TERM, AFTER 90 DAYS PRIOR COVERAGE CEASES.

If this is a replacement for a current position bonded, please advise what person you are replacing

.

Signed this day of , .
(day) (month) (year)

Signature: Person to be Bonded

VFW CANTEEN MANAGERS AND CANTEEN EMPLOYEES  
 BINGO MANAGERS, GAMING MANAGERS AND GAMING WORKERS  
 RATE SCHEDULE

\$6.00 PER THOUSAND

\$ 1,000.-----\$ 6.00
\$ 2,000.-----\$ 12.00
\$ 3,000.-----\$ 18.00
\$ 4,000.-----\$ 24.00
\$ 5,000.-----\$ 30.00
\$ 6,000.-----\$ 36.00
\$ 7,000.-----\$ 42.00
\$ 8,000.-----\$ 48.00
\$ 9,000.-----\$ 54.00
\$10,000.-----\$ 60.00
\$11,000.-----\$ 66.00
\$12,000.-----\$ 72.00
\$13,000.-----\$ 78.00
\$14,000.-----\$ 84.00
\$15,000.-----\$ 90.00
\$16,000.-----\$ 96.00
\$17,000.-----\$102.00
\$18,000.-----\$108.00
\$19,000.-----\$114.00
\$20,000.-----\$120.00
\$21,000.-----\$126.00
\$22,000.-----\$132.00
\$23,000.-----\$138.00
\$24,000.-----\$144.00
\$25,000.-----\$150.00

\$4.00 PER THOUSAND

\$26,000.-----\$104.00
\$27,000.-----\$108.00
\$28,000.-----\$112.00
\$29,000.-----\$116.00
\$30,000.-----\$120.00
\$31,000.-----\$124.00
\$32,000.-----\$128.00
\$33,000.-----\$132.00
\$34,000.-----\$136.00
\$35,000.-----\$140.00
\$36,000.-----\$144.00
\$37,000.-----\$148.00
\$38,000.-----\$152.00
\$39,000.-----\$156.00
\$40,000.-----\$160.00
\$41,000.-----\$164.00
\$42,000.-----\$168.00
\$43,000.-----\$172.00
\$44,000.-----\$176.00
\$45,000.-----\$180.00
\$46,000.-----\$184.00
\$47,000.-----\$188.00
\$48,000.-----\$192.00
\$49,000.-----\$196.00
\$50,000.-----\$200.00

\$3.00 PER THOUSAND

\$ 51,000.-----\$153.00
\$ 52,000.-----\$156.00
\$ 53,000.-----\$159.00
\$ 54,000.-----\$162.00
\$ 55,000.-----\$165.00
\$ 56,000.-----\$168.00
\$ 57,000.-----\$171.00
\$ 58,000.-----\$174.00
\$ 59,000.-----\$177.00
\$ 60,000.-----\$180.00
\$ 61,000.-----\$183.00
\$ 62,000.-----\$186.00
\$ 63,000.-----\$189.00
\$ 64,000.-----\$192.00
\$ 65,000.-----\$195.00
\$ 66,000.-----\$198.00
\$ 67,000.-----\$201.00
\$ 68,000.-----\$204.00
\$ 69,000.-----\$207.00
\$ 70,000.-----\$210.00
\$ 71,000.-----\$213.00
\$ 72,000.-----\$216.00
\$ 73,000.-----\$219.00
\$ 74,000.-----\$222.00
\$ 75,000.-----\$225.00
\$ 80,000.-----\$240.00
\$ 85,000.-----\$255.00
\$ 90,000.-----\$270.00
\$ 95,000.-----\$285.00
\$100,000.-----\$300.00

The logo for the Veterans of Foreign Wars (VFW) is displayed in large, white, bold, sans-serif capital letters. It features three vertical bars to the left of the letters 'V' and 'F'.

VETERANS OF FOREIGN WARS.

A nighttime photograph of Asheville, North Carolina, showing a dense urban area with many lit-up buildings and streets. In the background, there are dark mountains under a twilight sky with a hint of orange and pink. The city lights are a mix of warm yellows and oranges, and some cooler blues and greens from streetlights or building lights.

# 2020 SOUTHERN CONFERENCE

**OCTOBER 29TH - NOVEMBER 1ST 2020**

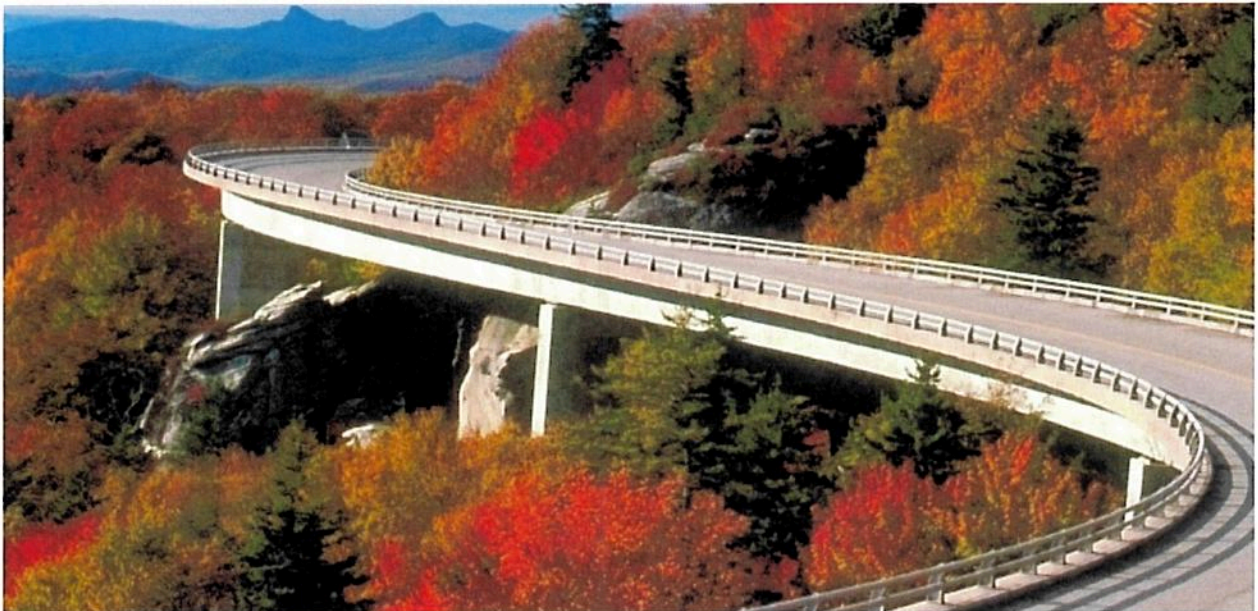
Crowne Plaza Asheville  
1 Resort Drive  
Asheville, NC 28806



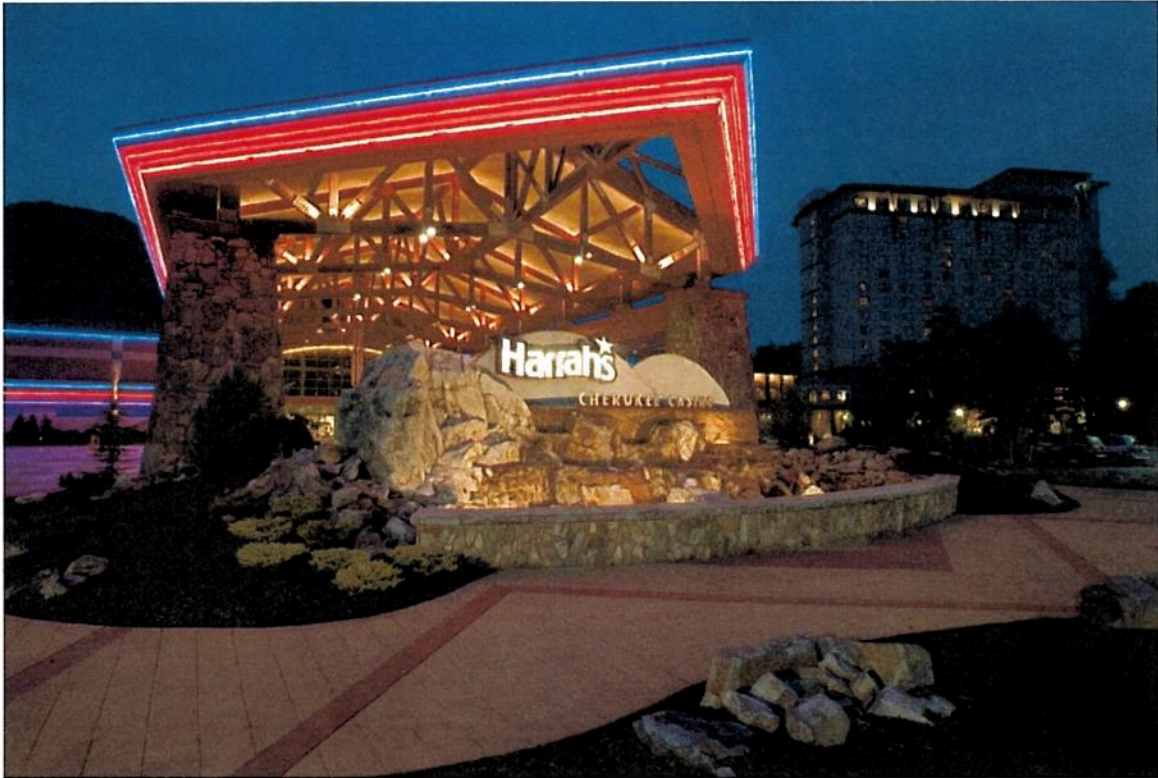
## AREA ATTRACTIONS:



The Famous Biltmore Estate, America's Largest Home (admission fee)



Travel Along The Beautiful Blue Ridge Parkway (free)



Harrah's Cherokee Hotel & Casino (1 hr drive)



Great Smoky Mountains National Park  
(one of the only National Parks with no admission fee)

Southern Conference 2020  
Veterans of Foreign Wars & Auxiliary

October 29 – November 1, 2020

Asheville, NC

Crowne Plaza Asheville

1 Resort Drive Asheville, NC 28806

Room rate: \$182.00 + tax per night

*Deadline September 29, 2020*

Registration Form:

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Department: \_\_\_\_\_

Post/Aux: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

**Pre-registration fee is \$75.00 per person**

**\*Registration Fee covers:**

**Banquet, Hospitality Room, and Entertainment**

Registration at the Conference will be \$85.00

For hotel reservations please contact the Crowne Plaza at (828) 285-2603

*\*Rooms must be reserved by September 29, 2020 at midnight to ensure the block room rate*

**Make checks payable to: Department of North Carolina VFW**

FOR DEPT. USE ONLY:

DATE RECEIVED: \_\_\_\_\_

CK#: \_\_\_\_\_

AMOUNT: \_\_\_\_\_

MAIL FORMS TO: DEPARTMENT OF NORTH CAROLINA VFW 917 NEW BERN AVE. RALEIGH, NC 27601

OR EMAIL: [SOUTHERNCONFERENCE2020@VFWNC.COM](mailto:SOUTHERNCONFERENCE2020@VFWNC.COM) (CHECK WILL STILL NEED TO BE MAILED)

Southern Conference 2020  
Veterans of Foreign Wars & Auxiliary  
October 29 – November 1, 2020  
Asheville, NC  
Crowne Plaza Asheville  
1 Resort Drive Asheville, NC 28806

*Deadline September 29, 2020*

Request for Transportation Form:

Name: \_\_\_\_\_ Airline: \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Time: \_\_\_\_\_ Flight: \_\_\_\_\_

Departure Date: \_\_\_\_\_ Time: \_\_\_\_\_ Flight: \_\_\_\_\_

**MAIL FORMS TO:**

**DEPARTMENT OF NORTH CAROLINA VFW**

**917 NEW BERN AVE.**

**RALEIGH, NC 27601**

Or

Email: [SouthernConference2020@vfwnc.com](mailto:SouthernConference2020@vfwnc.com)

**2020 - 2021**

**ALL STATE DISTRICT CHECKLIST**

For a District Commander to qualify, the Commander must meet the following All State District Commanders criteria:

1. The District must meet their 100% Membership Quota by **May 8, 2021**.
2. All Posts in the District must be inspected, State Headquarters must receive the Inspection Reports no later than December 16, 2020 with all documented discrepancies corrected by May 8, 2021 to complete this requirement.
3. The District Quartermaster must be properly bonded.
4. All Audit Reports for the District must be turned in to State Headquarters as required by the National By-Laws and Manual of Procedure.
5. All Posts in the District must have submitted the following reports at least once during the first half of the year (May 1 thru October 31) and once during the second half (November 1 thru April 30):
  - a. Hospital Report
  - b. Americanism Report
  - c. Community Activities Report
  - d. Safety Report
  - e. Youth Activities Report
6. The District must conduct a District School of Instruction by the end of September 2019. Department led School of Instruction meets this requirement of the terms stated above.
7. The District must donate \$100 to the Department Virginia Veterans Foundation Fund.

All-State District Commanders who have met all the criteria including membership by May 8, 2021 will receive an All-State District Commander's cap and an All-State Citation during the State Convention. All- State Commanders meeting the criteria, except for membership, by May 8, 2021, and then meet the membership criteria by June 30, 2021 will receive an All- State Citation at their next District meeting but will not receive an All-State cap.

All-State District Commanders will receive a VFW jacket if **all Posts** within their District are 100% or more in membership by May 8, 2021.

## 2020-2021 ALL STATE TEAM

The Post must meet their 100% Membership Quota by May 8, 2021.

The Post Quartermaster must be bonded.

The Post must have been inspected and the Inspection Reports must be received by State Headquarters no later than 4pm on December 16, 2020, also with all documented discrepancies corrected by May 8, 2021 to complete this requirement.

The Post Commander, Senior Vice Commander, or Junior Vice Commander must attend each District meeting.

The Post Commander, Senior Vice Commander, or Junior Vice Commander must attend the School of Instruction.

The Post Commander must send Post members or Post Officers to State Recruiting School.

- a. 500 or more members - 3 Members or Officers
- b. 100 to 499 members - 2 Members or Officers
- c. 99 members or less – 1 Member or Officer

All Audit Reports must be turned into State Headquarters as required by Section 218 of the National By-Laws and Manual of Procedure. Posts may not have more than one late report out of the 4 required.

The Post must purchase 500 Buddy Poppies per 100 members or fraction thereof.

The Post must donate to the Department **Virginia Veterans Foundation** (VVF). Posts with:

- a. 500 or more members - \$125.00
- b. 100 to 499 members - \$100.00
- c. 99 members or less - \$75.00

The Post must have submitted the following reports at least **ONCE** during the first half of the year (May 1 thru October 31) and **ONCE** during the second half (November 1 thru April 30)

- a. Hospital Report
- b. Americanism Report
- c. Community Activities Report
- d. Safety Report
- e. Youth Activities Report

The Post must participate in at least 2 of the 3 following programs:

- a. Voice of Democracy Program (must submit a student to the District level for District judging)
- b. Patriot's Pen Program (must submit a student to the District level for District judging)
- c. Teacher of the Year Program (must submit at least one Teacher to the District Level for District judging)

The Post must submit a Community Service Record Book, By May 8, 2021.

**Note:** Five (5) additional points towards the Captain of the All-State Team will be awarded to Posts submitting entries in all three programs.

**Note:** One (1) additional point for each of the submission of an entry for EMT, Fireman, Law Enforcement, and/or Scout of the Year.

**Note:** Posts will receive additional points towards the Captain of the All-State Team for membership. One fifth (1/5) of one (1) point will be assigned for each additional member above 100%.

**Note:** Posts with less than 50 members are not eligible for the All-State Team. To be eligible Posts must increase their membership to 50 or more members.

**Note:** A Post with less than 50 members who completes all other requirements of the All State program, achieves 100% in membership, but does not surpass 50 total members will be honored with a certificate and a check for \$300. These Posts will each be known as a "Meritorious Post".



*Your passion is your internal compass  
that will guide you from where you are towards  
where you want to go. . . . .*

## **VETERANS OF FOREIGN WARS OF THE UNITED STATES DEPARTMENT OF VIRGINIA**

### **2020-2021 ALL-STATE PROGRAM AND ANNUAL STATE AWARDS (JULY 1, 2020 – JUNE 30, 2021)**

#### **“STEADY THE COURSE”**

This Membership – Awards Program has been designed with incentives to work on membership, VFW programs, meeting attendance and submission of reports. Post and District membership 100% quotas will be based on the June 30, 2020 membership as adjusted by National Headquarters. Except where noted, the quota will **NOT** be reduced because of members who die or transfer to another Post. A new Post will be assigned a membership quota of 25 members.

#### **Department of Virginia’s membership goal percentages and goal dates 2020-2021**

September 15, 2020 Department membership 75%  
December 31, 2020 Department membership 90%  
March 30, 2021 Department membership 95%  
May 8, 2021 Department membership 100%  
June 30, 2021 Department membership 105%

#### **MEMBERSHIP PLAQUES**

Membership plaques will be presented at the State Convention to the Post with the largest numeric membership increase in each category. The judging will be based on Membership as of May 8, 2021.

- a. Category A – Posts with Membership of 10 thru 75
- b. Category B – Posts with Membership of 76 thru 150
- c. Category C – Posts with Membership of 151 thru 250

- d. Category D – Posts with Membership of 251 thru 500
- e. Category E – Posts with Membership of 501 or more

### **LIFE MEMBERSHIP INCREASE AWARD**

A Life Membership increase award and \$200.00 will be awarded at State Convention to the Post with the greatest increase in Life members (must be at least 3 new Life members) in each category. The judging will be based on Life Membership as of May 8, 2021.

- a. Category A – Posts with Membership of 10 thru 75
- b. Category B – Posts with Membership of 76 thru 150
- c. Category C – Posts with Membership of 151 thru 250
- d. Category D – Posts with Membership of 251 thru 500
- e. Category E – Posts with Membership of 501 or more

### **LIFE MEMBERSHIP DRAWINGS**

There will be four (4) Life Membership drawings. One (1) Post will be selected for each drawing. Posts must meet their membership quota by the day prior to drawing to be eligible. Drawings will be held on the day of awards judging. Posts with 10 thru 75 members will have one (1) chance, Posts with 76 thru 150 members will have two (2) chances, Posts with 151 thru 250 will have (3) chances, Posts with 251 thru 500 members will have four (4) chances, and Post with 501 or more members will have five (5) chances.

- a. The first drawing will be held on September 25, 2020 and the Post must have 75% of its 2020 membership quota to participate.
- b. The second drawing will be held on October 30, 2020 and the Post must have 85% of its 2020 membership quota to participate.
- c. The third drawing will be held on January 29, 2021 and the Post must have 95% of its 2020 membership quota to participate.
- d. The fourth drawing will be held on March 26, 2021 and the Post must have 100% of its 2020 membership quota to participate.

### **MEMBERSHIP RENEWAL AWARD**

A Membership Renewal Award will be awarded to each Post that renews ALL viable Annual Members on its unpaid list who were Annual Members the previous year by membership goal by May 8, 2021. Deceased members and conversions to Life Membership will not count against total.

### **POST 100% MEMBERSHIP AWARD**

In addition, the respective Post Commander and Quartermaster will receive 100% Membership Pins and Tumblers if the Post meets its 2020-2021 100% membership goal by May 8, 2021. These awards will be presented at the Posts' respective District meetings.

### **LEGACY LIFE MEMBERSHIP AWARD**

The Post with the largest increase of new Legacy Life Members will receive a check in the amount of \$200.00. The judging will be based on Legacy Life Membership as of May 8, 2021. The award will be presented at the State Convention.



## 2020-2021 POST ALL-STATE REQUIREMENTS

There is no limit on the number of Posts that can be All-State.

All State Post Requirements:

1. The Post must meet their 100% Membership Quota by May 8, 2021.
2. The Post Quartermaster must be bonded.
3. The Post must have been inspected and the Inspection Reports must be received by State Headquarters no later than 4pm on December 16, 2020, also with all documented discrepancies corrected by May 8, 2021 to complete this requirement.
4. The Post Commander, Senior Vice Commander, or Junior Vice Commander must attend each District meeting.
5. The Post Commander, Senior Vice Commander, or Junior Vice Commander must attend the School of Instruction.
6. The Post Commander must send Post members or Post Officers to State Recruiting School.
  - a. 500 or more members - 3 Members or Officers
  - b. 100 to 499 members - 2 Members or Officers
  - c. 99 members or less – 1 Member or Officer
7. All Audit Reports must be turned into State Headquarters as required by Section 218 of the National By-Laws and Manual of Procedure. Posts may not have more than one late report out of the 4 required.
8. The Post must purchase 500 Buddy Poppies per 100 members or fraction thereof.
9. The Post must donate to the Department **Virginia Veterans Foundation** (VVF). Posts with:
  - a. 500 or more members - \$125.00
  - b. 100 to 499 members - \$100.00
  - c. 99 members or less - \$75.00
10. The Post must have submitted the following reports at least **ONCE** during the first half of the year (May 1 thru October 31) and **ONCE** during the second half (November 1 thru April 30)
  - a. Hospital Report
  - b. Americanism Report
  - c. Community Activities Report
  - d. Safety Report
  - e. Youth Activities Report
11. The Post must participate in at least 2 of the 3 following programs:
  - a. Voice of Democracy Program (must submit a student to the District level for District judging)

- b. Patriot's Pen Program (must submit a student to the District level for District judging)
- c. Teacher of the Year Program (must submit at least one Teacher to the District Level for District judging)

12. The Post must submit a Community Service Record Book, By May 8, 2021.

**Note:** Five (5) additional points towards the Captain of the All-State Team will be awarded to Posts submitting entries in all three programs.

**Note:** One (1) additional point for each of the submission of an entry for EMT, Fireman, Law Enforcement, and/or Scout of the Year.

**Note:** Posts will receive additional points towards the Captain of the All-State Team for membership. One fifth (1/5) of one (1) point will be assigned for each additional member above 100%.

**Note:** Posts with less than 50 members are not eligible for the All-State Team. To be eligible Posts must increase their membership to 50 or more members.

**Note:** A Post with less than 50 members who completes all other requirements of the All State program, achieves 100% in membership, but does not surpass 50 total members will be honored with a certificate and a check for \$300. These Posts will each be known as a "Meritorious Post".

#### **POST ALL STATE TEAM AWARDS**

1. All-State Post Commanders who have met all the criteria, including membership, by May 8, 2021 and have not received an All-State cap for this level of leadership since June, 2019 will receive a citation, an All-State cap, and an All-State pin during the State Convention. Additionally, a check in the amount of \$300.00, to **assist** in payment of expenses while attending and participating at the State Convention will be presented to those Post Commanders who achieve the All-State award by May 8, 2021 and attend all required events at the State Convention. Time of payment will be at the discretion of the Department Commander. All-State Commanders meeting the criteria except for membership by May 8, 2021 and then meeting the membership criteria by June 30, 2021 will receive a citation and an All-State pin at their next District meeting but will not receive any monetary award nor a cap.

2. All-State Post Quartermasters who have met all the criteria, including membership, by May 8, 2021 and have not received an All-State cap for this level of leadership since June, 2019 will receive a citation, an All-State cap, and an All-State pin during the State Convention. Additionally, a check in the amount of \$300.00, to **assist** in payment of expenses while attending and participating at the State Convention will be presented to those Post Quartermasters who achieve the All-State award by May 8, 2021 and attend all required events at the State Convention. Time of payment will be at the discretion of the Department Commander. All-State Quartermasters meeting the criteria except for membership by May 8, 2021 and then meeting the membership criteria by June 30, 2021 will receive a citation and an All-State pin at their next District meeting but will not receive any monetary award nor a cap.

3. From the All-State Team, the Post with the highest points in the All-State judging on May 8, 2021 will be designated as the Outstanding Post of the Year 2020-2021. The Commander and Quartermaster of this Post will be the Captains of the All-State Team.

4. The Awards and Citation Committee will break all ties and their decision will be considered the recommendation to the State Commander.

5. The State Commander shall make the final decision for all recommendations of awards and the decision shall be final.

## **2020-2021 DISTRICT ALL STATE REQUIREMENTS**

There is no limit on the number of Districts that can be All-State.

All State District Requirements:

1. The District must meet their 100% Membership Quota by May 8, 2021.
2. All Posts in the District and the District must be inspected; State Headquarters must receive the Inspection Reports no later than December 16, 2020 with all documented discrepancies corrected by May 8, 2021 to complete this requirement.
3. The District Quartermaster must be properly bonded.
4. All Audit Reports for the District must be turned into State Headquarters as required by the National By-Laws and Manual of Procedure.
5. All Posts in the District must have submitted the following reports at least **once** during the first half of the year (May 1 thru October 31) and **once** during the second half (November 1 thru April 30):
  - a. Hospital Report
  - b. Americanism Report
  - c. Community Activities Report
  - d. Safety Report
  - e. Youth Activities Report
6. The District must conduct a District School of Instruction by the end of September 2019. Department led School of Instruction meets this requirement of the terms stated above.
7. The District must donate \$100.00 to the Department Virginia Veterans Foundation (VVF).

## **DISTRICT ALL STATE DISTRICT AWARDS**

1. All-State District Commanders who have met all the criteria including membership by May 8, 2021 will receive an All-State District Commander's cap and an All-State Citation during the State Convention. All-State Commanders meeting the criteria, except for membership, by May 8, 2021, and then meet the membership criteria by June 30, 2021 will receive an All- State Citation at their next District meeting but will not receive an All-State cap.
2. All-State District Commanders will receive a VFW jacket if **all Posts** within their District are 100% or more in membership by May 8, 2021.

## INDIVIDUAL MEMBERSHIP AWARDS

All individual recruiting awards will be awarded by using the National Recruiter Reports dated May 8, 2021. These awards will be presented at the State Convention. Annual members recruiting five (5) New or Reinstated Members will receive:

1. Their Annual Dues (National and Department portions) paid by the Department for the current year.
2. Their name and membership number will be entered in a drawing for a Life Membership.

**Note:** For each additional five (5) members recruited, an additional entry will be made in the Life Membership Drawing.

The drawing for *the Life Membership* listed above will be conducted on the day of awards judging.

Life Members recruiting 5 New or Reinstated Members will receive:

- a. Name and membership number will be entered in a drawing for one level of Legacy Life membership equal to \$400.00 or \$200.00 cash if already a Gold member.

**Note:** For each additional five (5) members recruited, an additional entry will be made in the drawing.

The drawing for the *Legacy Life Membership* award listed above will be conducted on the day of awards judging May 8, 2021.

Members recruiting five (5) New or Reinstated Members will be entered in a drawing for:

- a. Round trip airfare to the 122<sup>nd</sup> National Convention.
- b. Expense check in the amount of for \$599.00 to help defray expenses. Additionally, the winner will receive either the cost of round-trip airfare for one person or the actual cost of gas, not to exceed the cost of round-trip airfare for one person.

**Note:** For each additional five (5) members recruited, an additional entry will be made in the drawing.

The drawing for this award listed above will be conducted on the day of awards judging May 8, 2021.

## POST COMMANDER MEMBERSHIP AWARD

Post Commanders who have their Post 100% in membership by Dec 31, 2020 will receive a Department Commanders jacket at Winter Council.

## INDIVIDUAL RECRUITER AWARDS

Individual recruiters will also receive for:

- a. 20 New or Reinstated Members – a Pen and Key Chain Set.
- b. 25 New or Reinstated Members – State Commander's challenge coin
- c. 50 New or Reinstated Members – a Department Aide-de-Camp Recruiting cap and citation

d. 75 New or Reinstated Members – State Commander’s jacket

These awards will be presented at the State Convention.

**THE SAMUEL B. DeVAUGHAN MEMBERSHIP AWARD**

The Samuel B. DeVaughan Membership Award is presented to the member who recruits the most new and/or reinstated members of the 2020-21 Membership Year. They will receive the following:

- a. A check in the amount of \$300.00 to help defray expenses of the State Convention.
- b. A Department citation.
- c. A distinctive cap and name badge

This award will be presented at the State Convention.

**THE GEORGE C. DALBY AWARD**

The George C. Dalby Award is presented to any Post member for outstanding participation in VFW programs. Rules for this contest are sent to each Post in the spring. Deadline for submission to State Headquarters is the day prior to awards judging May 8, 2021. Post and District Commanders are excluded from this award. This award will be presented at the State Convention.

**THE W. B. SHAFER, JR. MEMBERSHIP AWARD**

The W.B. Shafer, Jr. Membership Award is presented to the Post making the greatest percentage gain in membership as shown by the State Membership Report dated the day prior to awards judging May 8, 2021. This award will be presented at the State Convention.

**THE RICHARD A. (AL) GUAGER AMERICANISM AWARD**

The Richard A. (Al) Guager Americanism Award is presented annually. Rules for this contest are sent to each Post in the spring. Deadline for submission to State Headquarters is by the day prior to awards judging May 8, 2021. This award will be presented at the State Convention. Posts placing second through tenth will receive a citation.

**THE GEORGE E. McCracken Honor Guard/COLOR GUARD AWARD**

The George E. McCracken Honor Guard/Color Guard Award is presented to the most outstanding Post Honor Guard/Color Guard. Deadline for submission to State Headquarters is by the day prior to awards judging May 8, 2021. This award will be presented at the State Convention.

**FIREFIGHTER OF THE YEAR AWARD**

The Firefighter of the Year Award is presented to the most outstanding firefighter. The selectee will receive a plaque and a monetary award. The deadline for submission to State Headquarters is January 8, 2021. Send resume of nominees’ background, resume of background in fire/emergency safety work, accomplishments in fire/emergency safety field, photograph, title and address to State Headquarters. This award will be presented at the State Convention or at a local venue.

## **LAW ENFORCEMENT OFFICER OF THE YEAR AWARD**

The Law Enforcement Officer of the Year is presented to the most outstanding law enforcement officer. The selectee will receive a plaque and a monetary award. The deadline for submission to State Headquarters is January 8, 2021. Send resume of nominees' background, resume of background in law enforcement work, accomplishment in the field, photograph, title and address to State Headquarters. This award will be presented at the State Convention or at a local venue.

## **EMERGENCY MEDICAL TECHNICIAN OF THE YEAR AWARD**

The Emergency Medical technician of the Year is presented to the most outstanding Emergency Medical Technician. The selectee will receive a plaque and a monetary award. The deadline for submission to State Headquarters is January 8, 2021. Send resume of nominees' background, resume of background in paramedic work, accomplishment in the field, photograph, title and address to State Headquarters. This award will be presented at the State Convention or at a local venue.

## **TEACHER OF THE YEAR AWARDS**

The Teacher of the Year awards are presented to the most outstanding Teachers. The selectees will receive a citation and a monetary award. There are three winners – Kindergarten through 5th grade, 6<sup>th</sup> through 8th grade, and 9th through 12th grade. These awards will be presented at the State Convention or at a local venue.

## **THE W. I. WOODDELL MEMORIAL POST QUARTERMASTER AWARD**

The W. I. Wooddell Memorial Post Quartermaster Award is presented to the Post Quartermaster who has shown outstanding dedication to his Post and the Department. The Post Commander must send in a nominating letter on why the Post Quartermaster should be considered for Quartermaster of the year. Submission must be received the day prior to the awards judging May 8, 2021. The recipient is to be selected by a committee headed by the State Quartermaster. The award will consist of a custom-lettered citation, plus a check in the amount of \$200.00 from the Department. This award will be presented at the State Convention.

## **THE CLAIR B. POFF PUBLIC RELATIONS AWARD**

The Clair B. Poff Public Relations Award is presented to three (3) Posts for the most outstanding newsletter or publication for their size group and then forwarded to National for judging. Group 1: Membership 99 members or less; Group 2: Membership 100 to 179; and Group 3: Membership 180 or more. To enter, send two different copies of your Post Newsletter to State Headquarters along with the editor's name and address. Deadline for submission to State Headquarters is January 8, 2021. Judging will determine first, second, and third place winners.

## **THE ROBERT H. RINER AWARD**

The Robert H. Riner Award is presented to the District Commander with the highest percentage gain in membership over the last year. Membership gain will be as shown by the State Membership Report dated the day prior to awards judging May 8, 2021. This award will be presented at the State Convention.

### **WILLIAM T. (BILL) ALLEN HOSPITAL AWARD**

The William T. (Bill) Allen Hospital Award is presented to Posts with outstanding reporting of hospital work. The winning Posts will be determined by the State Hospital Chairman. These awards will be presented at the State Convention. Hospital award categories are:

- a. Category A – Posts with Membership of 10 thru 250
- b. Category B – Posts with Membership of 251 thru 500
- c. Category C – Posts with Membership of 501 or more

### **CLARENCE E. KELLEY MEMORIAL VOICE OF DEMOCRACY AWARD**

The Clarence E. Kelley Memorial Voice of Democracy Award is presented to the Post sponsoring the State's first place VOD winner and is presented at the State Convention. In addition, each Post participating in the VOD program will receive a citation.

**Note:** The State VOD winners will receive a plaque and monetary award for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place to be presented at the Winter Conference Banquet. The first three place winners are expected to attend the Winter Conference Banquet where the 1st, 2nd, and 3rd winners will be announced and the 1st place winner will read their essay.

### **LARRY MATTERA MEMORIAL PATRIOT'S PEN AWARD**

The Larry Mattera Memorial Patriot's Pen Award is presented to the Post sponsoring the State's first place Patriot's Pen winner and will be presented at the State Convention. In addition, each Post participating in the PP program will receive a citation.

**Note:** The State Patriots Pen winners will receive a plaque and monetary award for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place to be presented at the Winter Conference Banquet. The first three place winners are expected to attend the Winter Conference Banquet where the 1st, 2nd, and 3rd winners will be announced and the 1st place winner will read their essay.

### **SCOUT OF THE YEAR AWARD**

The Scout of the Year Award is presented to the State Scout of the Year winner. A plaque and a \$500.00 monetary award will be presented at the State Convention. In addition, each Post participating in the Scout Program will receive a citation.

### **COMMUNITY SERVICE RECORD BOOK**

The Community Service Record Book should be kept from May 1, 2020 to April 30, 2021 for State judging. Plaques will be awarded to the top three (3) entries at the State Convention. Special Citations will be awarded to the fourth through tenth places.

All Posts entering a Community Service Record Book will have a chance to win a monetary award in the amount of \$200.00 if judged best overall entry in their respective membership category. One (1) check will be issued in each membership category.

- a. Category A – Posts with Membership of 10 thru 250

- b. Category B – Posts with Membership of 251 thru 500
- c. Category C – Posts with Membership of 501 or more

### **BUDDY POPPY CITATIONS**

Buddy Poppy Citations will be presented to the District Commander whose District purchased the most Buddy Poppies and to District Commanders whose Districts had 100% participation in the Buddy Poppy Program. The Post in each District that purchased the most Buddy Poppies will also be presented a citation. These awards will be presented at the State Convention.

**“I wish each and every one an excellent year and hope all Post and Districts reach goals to All State and All American. Your Department line officers are here to help you STEADY THE COURSE.”**

Eric Mallett  
Your State Commander



## All-American District Checklist

### All-American District Leadership Criteria

- Membership greater than 100%
- Finish in the top 10 Districts in your division that meet all of the following criteria
  - Voice of Democracy - minimum of one entry advanced to Department Judging (Overseas District donate \$100 to National)
  - Patriots Pen - minimum of one entry advanced to Department judging (Overseas District donate \$100 to National)

### All-American District Leadership Award

- All-American District streamer
- All-American District citation - Commander
- All-American name badge - Commander
- All-American cap - Commander - *\*Quartermaster may purchase cap*
- All-American lapel pin - Commander - *\*Quartermaster may purchase pin*
- The top **two** District Commanders in each division will also receive:
  - **A \$1,000 stipend to be used toward attending the VFW National Convention.**
  - **Reserved seating at the VFW National Convention joint opening session.**

### District Membership Divisions and Minimum Qualifying Percentages

Division	Total Membership		Qualifying Percentage	#Eligible
<b>1</b>	5,000	14,000	Over 100%	10
<b>2</b>	3,282	4,999	Over 100%	10
<b>3</b>	2,172	3,281	Over 100%	10
<b>4</b>	1,447	2,171	Over 100%	10
<b>5</b>	906	1,446	Over 100%	10
<b>6</b>	1	905	Over 100%	10

#### IMPORTANT NOTES

- To receive stipends, awardees must be in attendance at designated events
- Only **one** National paid stipend per event (National Convention, Legislative Conference, etc.)
- All awards are non-transferable
- For the Conference Membership Award traveling trophy, the Conference Chairman will be responsible for the return of the trophy to the Membership Department booth at the National Convention each year

The *Commander's Round-Up* program is for Department Commanders to visit Posts in their Department to get face-to-face time with their Post and District leadership and assist with membership development events. For further information about the *Commander's Round-Up*, please contact the Membership Department by calling 1-888-JOIN-VFW or by email at [membership@vfw.org](mailto:membership@vfw.org).

## All-American Post Checklist

- Achieve your Division Qualifying Percentage (see table below)
- Meet all the following Program Participation Criteria:
  - Voice of Democracy - minimum of one entry advanced to District Judging (Overseas Post donate \$75 to National in lieu of entry)
  - Patriots Pen - minimum of one entry advanced to District judging (Overseas Post donate \$75 to National lieu of entry)
  - Buddy Poppy - must purchase five Buddy Poppies per member
  - Hold a fundraiser with the proceeds going to Veterans & Military Support Program Services, minimum of \$100 (see below in notes)

### All-American Post Award

All Posts that meet the Division Qualifying Percentage and the program participation criteria will receive an All-American Post Citation, Post Streamer and be recognized in the VFW magazine.

The Top **25** Posts in each Division will receive:

- Acknowledgment in VFW Magazine
- Acknowledgement during the All-American Awards Ceremony at the National Convention
- All-American Post citation
- All-American Post streamer
- All-American citation – Commander
- All-American name badge - Commander
- All-American cap - Commander - *Quartermaster may purchase cap*
- All-American lapel pin - Commander - *Quartermaster may purchase pin*
- All-American Team Post Member lapel pin (25 pack)
- The top **five** Commanders in each division will also receive:
  - A \$1,000 stipend to be used toward attending the VFW National Convention.
  - Reserved seating at the VFW National Convention joint opening session.

### Post Membership Divisions and Minimum Qualifying Percentages

Division	Total Membership		Qualifying Percentage
<b>1</b>	951+		Over 100%
<b>2</b>	750	950	Over 100%
<b>3</b>	356	749	Over 100%
<b>4</b>	246	355	Over 100%
<b>5</b>	185	245	Over 100%
<b>6</b>	143	184	Over 100%
<b>7</b>	112	142	Over 100%
<b>8</b>	88	111	Over 100%
<b>9</b>	68	87	Over 100%
<b>10</b>	51	67	Over 100%
<b>11</b>	1	50	

## IMPORTANT NOTES

- In order to receive stipends, awardees must be in attendance at designated events
- Only one National paid stipend per event (National Convention, Legislative Conference, etc.)
- All awards are non-transferable
- The *Commander's Round-Up* program is for Department Commanders to visit Posts in their Department to get face-to-face time with their Post and District leadership and assist with membership development events. For further information about the *Commander's Round-Up*, please contact the Membership Department by calling 1-888-JOIN-VFW or by email at [membership@vfw.org](mailto:membership@vfw.org).
- Veterans & Military Support Programs Services as listed above will only be accepted only through the following link: <https://heroes.vfw.org/page/22950/donate/1>
- For the Conference Membership Award traveling trophy, the Conference Chairman will be responsible for the return of the trophy to the Membership Department booth at the National Convention each year

# VFW National Membership Program



**Hal J. Roesch II**  
**Commander-in-Chief**

Updated: March 24, 2020

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## **Membership Mission**

To recruit, retain and mentor a stable membership base including all generations of veterans.

To cultivate a membership that is well versed in institutional knowledge and actively involved at all levels of the organization and in the local community. To establish Posts with an established vision of service, leadership and community outreach.

## **Introduction**

Over the past several years, the VFW has been successful in recruiting new members into the organization. The only way to make this success permanent is to retain those members, recover past members, and continue to recruit new veterans into our ranks. To do this, we must improve the way we communicate with our members at all levels of the organization. Posts, Districts, and Departments need to use all methods available to convey information for news and training to our membership; newsletters, emails, social media, and outreach teams are some of the most effective ways to maintain communication with our members. We need to know who our members are and how we can address their needs and concerns. We need to focus on the basic tenets of our organization: to take care of our members, their families, and the veteran community as a whole.

## **Membership Goals**

1. Build a strong organization for the future.
2. Work together to achieve the VFW's goals. The VFW National Headquarters staff is available to assist in coordinating programs, developing membership initiatives and building awareness among our membership and the entire veteran community.

## **Membership Objectives**

- Recruit new and recover unpaid members
- Involve members directly in VFW functions at all levels
- Retain and mentor existing membership

- Develop new Posts and revitalize existing Posts
- Increase Life Membership
- Increase Legacy Life Membership

## Membership Resources

In order to assist our Posts, Districts, and Departments in meeting the goals set out by the Commander-in-Chief in this membership program, the National Headquarters has a wealth of resources at your disposal. Many of those are available free of charge to our members.

- Membership materials ranging from applications, recruiting brochures, posters, and benefits brochures can be ordered directly from the Membership Department using the Membership Order Form (located under Membership Quick Links once you log into [vfw.org](http://vfw.org) )
- Resources for Post Development, Membership Campaigns, and Mentorship such as training guides, videos, and webinars are available in the Training & Support section on [vfw.org](http://vfw.org)
- Promotional tools such as radio spots, sample advertisements, public service announcements, and media kits are all available through the Media Room on [vfw.org](http://vfw.org)

See the trend? Just about anything you will need is at [vfw.org](http://vfw.org), check it out.

The VFW National Headquarters staff is ready and trained to answer any questions you may have concerning membership, VFW programs, or other issues. You can contact our **Member Service Center directly at 1.833.VFW.VETS**, or the **Membership Department at 1.888.JOIN.VFW**.

## Triple Crown Award

Any commander who achieves All-American at the Post, District and Department level will receive a Triple Crown pin and recognition at the National Convention.

## Recruiting Awards

- **5, 10, 15** Corresponding numbered member pin
- **25** Commander-in-Chief membership coin & citation
- **50** VFW CIC Basecamp Backpack
- **75** Commemorative medallion set
- **100** Century cap and citation or \$50 VFW Store credit
- **150** \$250 VFW store gift certificate

### Department “100 Percent” Incentive

Any Department that attains 100% in membership by close of business on March 31, 2021 will be entered into a random drawing. The commander plus guest and quartermaster plus guest for the Department that is selected will each receive:

- **\$2500 voucher through Veterans Travel Services (VTS) applied towards airfare, accommodations and transportation for a trip of their choice.**

### Early Bird Award—VFW Legislative Conference

The top three Post commanders and quartermasters in each division on Jan. 1, 2021 will receive:

- **A \$1,000 stipend to be used toward attending the VFW Legislative Conference, Washington D.C.**

### Department Early Bird Incentive

For every Department that achieves 92% in membership by Jan. 1, 2021; the Department commander will receive:

- **A Henry Golden Boy .22 Caliber Rifle or a credit voucher of equal value for use with Veterans Travel Services (VTS).**

### Post Commander and Quartermaster – New & Reinstated Member Award

The top 10 Post commanders and quartermasters in each division who report more than 50 new and reinstated annual members by Jan. 1, 2021 will each be awarded:

- **A travel charger with the official VFW Commander-in-Chief logo.**



### **Kansas City Spree**

The top two Post commanders and the top two District commanders in each division who achieve 100% membership by April 1, 2021 along with their guest will each be awarded:

- **Round-trip airfare to Kansas City, Mo. from the airport nearest the awardee's home.**
- **A fun-filled weekend (May 20-23, 2021) that may include but is not limited to touring, shopping and a complete tour of the VFW National Headquarters.**

### **100% Post, District & Department**

A distinctive streamer will be awarded to every Post, District and State/Department that achieves 100% or greater in membership before July 1, 2021.

### **100% Commander Drawing**

Each Post and District commander that exceeds 100% in membership by June 1, 2021 will receive an entry in this drawing. Twenty Post commanders and 12 District commanders will receive:

- **A \$1,000 stipend to be used toward attending the VFW National Convention.**

### **Post Commander and Quartermaster Division Challenge**

For every 10 new/reinstated members recruited between July 1, 2020 and April 1, 2021 Posts will earn one entry for both Post commander and quartermaster entered into a drawing. One Post per division will receive:

- **A \$1,000 stipend each for commander and quartermaster to be used toward attending the VFW National Convention.**

### **Legacy Life Membership Acquisition**

Each Post that achieves the designated benchmarks of 25, 50 and 75 Legacy Life Members will be awarded:

- **A Legacy Society Post Proclamation.**

Each Post that achieves the distinctive benchmark of 100 Legacy Life members by July 1, 2021, commander or Post representative will receive:

- **A \$1,000 stipend to be used toward attending the VFW National Convention.**
- **Reserved seating at the VFW National Convention joint opening session.**
- **Legacy Society Post Proclamation.**

### **Elite Recruiter**

Any VFW member who signs up 250 or more new and/or reinstated annual members by July 1, 2021, will receive:

- **A \$1,000 stipend to be used toward attending the VFW National Convention.**
- **Distinctive cap, citation, and name badge.**

### **Recruiter of the Year**

The VFW member who signs up the greatest number of new and/or reinstated annual members greater than 250 by July 1, 2021, will receive:

- **A \$1,000 stipend to be used toward attending the VFW National Convention.**
- **Reserved seating at the VFW National Convention joint opening session.**
- **Distinctive cap, citation, and name badge.**
- **Commander-in-Chief's Crystal Eagle.**

### **New Post Development Department Award**

For each new Post chartered, the Department quartermaster will receive:

- **\$250 for use towards necessary materials for the new Post and a \$250 VFW Store credit for Post.**

## **All-American Criteria**

*The All-American program exists to recognize exceptional leadership and teamwork, authentic accomplishment in membership growth and VFW core programs.*

### **All-American Post Criteria**

- Achieve your Division Qualifying Percentage (see table on page 10)
- Meet all the following Program Participation Criteria:

- Voice of Democracy - minimum of one entry advanced to District judging (Overseas Post can donate \$75 to National in lieu of entry\*\*see last page)
- Patriots Pen - minimum of one entry advanced to District judging (Overseas Post can donate \$75 to National in lieu of entry\*see last page)
- Buddy Poppy- must purchase five Buddy Poppies per member
- Hold a fundraiser with the proceeds going to Veterans & Military Support Programs Services, minimum of \$100(\*see last page)

### **All-American Post Award**

- All Posts that meet the Division Qualifying Percentage and the program participation criteria will receive an All-American Post Citation, Post Streamer and be recognized in the VFW magazine.

- The Top **25** Posts in each Division will receive:

- Acknowledgment in VFW Magazine
- Acknowledgement during the All-American Awards Ceremony at the National Convention
- All-American Post citation
- All-American Post streamer
- All-American citation - commander
- All-American name badge - commander
- All-American cap (commander only, quartermaster may purchase cap)
- All-American lapel pin (commander only, quartermaster may purchase pin)
- All-American Team Post Member lapel pin (25 pack)
- The top **five** commanders in each division will also receive:
  - **A \$1,000 stipend to be used toward attending the VFW National Convention.**
  - **Reserved seating at the VFW National Convention joint opening session.**

### **All-American District Criteria**

- Membership greater than 100%
- Finish in top 10 Districts in your division that meet all the following criteria
  - Voice of Democracy - minimum of one entry advanced to Department judging (Overseas District donate \$100 to National in lieu of entry\*see last page)
  - Patriots Pen - minimum of one entry advanced to Department judging (Overseas District donate \$100 to National in lieu of entry\*see last page)

### **All-American District Award**

- All-American District streamer
- All-American District citation - commander
- All-American name badge - commander
- All-American cap (commander only, quartermaster may purchase cap)
- All-American lapel pin (commander only, quartermaster may purchase pin)
- The top **two** District commanders in each division will also receive:
  - **A \$1,000 stipend to be used toward attending the VFW National Convention.**
  - **Reserved seating at the VFW National Convention joint opening session.**

### **All-American Department Criteria**

- Membership must be greater than 100%
- Must conduct two Membership recruiting events; one between July 1 and December 31, 2020 and the other between January 1, 2021 and May 1, 2021. A report of these events must be submitted to the Membership Department.
- Hold a Department Commander's Round-Up prior to Jan 1, 2021 with a report submitted to the Membership Department.
- One new post or increase the membership of three posts of 50 members or less to over 50 members by July 1, 2021. If a Department does not have 3 Posts below 50 members at the beginning of the year, raising all their Posts below 50 members to above 50 members would be required.

- **National Legislative Service**
  - Monthly National Legislative Service committee member reports submitted to National Legislative Service in Washington, D.C.
- **National Veterans Services**
- Must have a State/Department service officer and submit his or her name and contact information to National Veterans Services in Washington, D.C. by July 31, 2020
- Monthly activity report from Department Service Officer or designated NVS Committee member to NVS in Washington, D.C.
- **Programs**
  - Voice of Democracy - An entry advanced to National judging
  - Patriot's Pen - An entry advanced to National judging
  - Veterans & Military Support Programs – Must complete a State/Department fundraiser and proceeds donated to Veterans & Military Support Programs, Kansas City, Mo. (\*see last page)

#### **All-American Department Award**

- All-American Department streamer
- All-American Department citation - commander
- All-American name badge - commander
- All-American cap - commander - *quartermaster may purchase cap*
- All-American lapel pin - commander - *quartermaster may purchase pin*
- \$1,000 stipend to be used toward attending the VFW National Convention
- Reserved seating at the VFW National Convention Joint Opening Session

#### **Conference Membership Award**

The State/Department leading each conference will be entrusted with the conference membership colors for the following year. The 2019-2020 Conference winners will return the colors to the membership booth at National Convention in Baltimore, MD no later than COB on Monday after the Joint Opening Session. The 2020-2021 Conference winners will then pick up the colors from the Membership Director at National Convention in July 2021 in Baltimore, MD any time after 0800 on Tuesday at the Membership booth.

The Conference with the highest membership percentage of the four Conferences will have their name and year engraved on a traveling trophy presented by the Commander-in-Chief to the Conference Chairman at the National Convention. The 2019-2020 Conference Chairman will return the trophy to the membership booth at National Convention in Baltimore, MD no later than COB on Saturday to ensure placement of the new nameplate. This trophy will be presented to the 2020-2021 Conference Chairman on stage during the Joint Opening Session\*\*.

### **Post Membership Divisions and Minimum Qualifying Percentages**

<b>Division</b>	<b>Total Membership</b>		<b>Qualifying Percentage</b>
<b>1</b>	951+		Over 101%
<b>2</b>	750	950	Over 102%
<b>3</b>	356	749	Over 113%
<b>4</b>	246	355	Over 114%
<b>5</b>	185	245	Over 115%
<b>6</b>	143	184	Over 116%
<b>7</b>	112	142	Over 117%
<b>8</b>	88	111	Over 118%
<b>9</b>	68	87	Over 119%
<b>10</b>	51	67	Over 125%
<b>11</b>	10	50	Over 127%

### **District Membership Divisions and Minimum Qualifying Percentages**

<b>Division</b>	<b>Total Membership</b>		<b>Qualifying Percentage</b>	<b># Eligible</b>
<b>1</b>	5,000	14,000	Over 100%	10
<b>2</b>	3,282	4,999	Over 100%	10
<b>3</b>	2,172	3,281	Over 100%	10
<b>4</b>	1,447	2,171	Over 100%	10
<b>5</b>	906	1,446	Over 100%	10
<b>6</b>	1	905	Over 100%	10

**Post Qualifying percentage is based off prior five-year average for top 25 Posts in each Division.**

## Important Notes

- In order to receive stipends, awardees must be in attendance at designated events
- Only **one** National paid stipend per event (National Convention, legislative Conference, etc.)
- All awards are non-transferable
- The *Department Commander's Round-Up* program is for Department commanders to visit Posts in their Department to get face-to-face time with their Post and District leadership and assist with membership development events. For further information about the *Commander's Round-Up*, please contact the Membership Department by calling **1-888-JOIN-VFW** or by email at [membership@vfw.org](mailto:membership@vfw.org)
- \*Donations made to replace a Voice of Democracy and Patriot's Pen (By eligible overseas Post). **Do not donate through your Department or by any other means.** [https://VFWPrograms.formstack.com/forms/vfwprogramsdonation2020\\_21](https://VFWPrograms.formstack.com/forms/vfwprogramsdonation2020_21)
- Veterans & Military Support Programs Services as listed above will only be accepted only through the following link: <https://heroes.vfw.org/page/22950/donate/1>
- \*\*For the Conference Membership Award traveling trophy, the Conference Chairman will be responsible for the return of the trophy to the Membership Department booth at the National Convention each year

VETERANS OF FOREIGN WARS OF THE UNITED STATES  
DEPARTMENT OF VIRGINIA

TO: ALL STATE, DISTRICT, AND POST OFFICERS

Now is the time to be planning for the Buddy Poppy Sale. Begin making your plans now. Decide when you will sell. Select your working organization members of your Post, Auxiliary, Boy or Girl Scouts, or another group.

The price of Buddy Poppies is \$130.00 per 1,000 Poppies, and the minimum order is 500 poppies.

PLACE ALL ORDERS FOR BUDDY POPPIES WITH STATE HEADQUARTERS. Order blank is below. Orders should be placed early. Payment must be made at the time Buddy Poppies are ordered. POPPIES CANNOT BE RETURNED FOR CREDIT.

\*\*\*In order to avoid possibility of not receiving your Poppies in time for your sale, we are asking that you designate month and date of your sale. State Headquarters uses this date to fill orders.

The following Buddy Poppy Citations will be awarded at the next State Convention.

1. Post in each District purchasing the most Buddy Poppies.
2. District Commander whose District purchases the most Poppies.
3. District Commander with all Posts in his District registering in Buddy Poppy purchases for the current year.

Ed Mann  
State Buddy Poppy Chairman

PLEASE DETACH ALONG THIS LINE AND RETURN TO STATE HEADQUARTERS

---

POST NUMBER \_\_\_\_\_ AUX NUMBER \_\_\_\_\_ SHIP TO: \_\_\_\_\_  
DATE OF ORDER \_\_\_\_\_  
DATE OF SALE \_\_\_\_\_

STATE BUDDY POPPY CHAIRMAN  
403 Lee Jackson Highway  
STAUNTON, VA 24401

Please enter our order for Buddy Poppies as follows:

BUDDY POPPIES

\_\_\_\_\_ (QTY) BOXES OF 500 \_\_\_\_\_ x 65.00 = TOTAL \_\_\_\_\_

\_\_\_\_\_ (QTY) BOXES OF 1000 \_\_\_\_\_ x 130.00 = TOTAL \_\_\_\_\_

\_\_\_\_\_ (QTY) BOXES OF 2000 \_\_\_\_\_ x 260.00 = TOTAL \_\_\_\_\_

\_\_\_\_\_ Total Enclosed

Please charge my card: \$ \_\_\_\_\_ Name on Card: \_\_\_\_\_

Please Circle One: Discover American Express MasterCard Visa

SIGNATURE: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Code on Back \_\_\_\_\_





Department of Virginia

Directory of Trauma Informed Counselors

Edition 1, June 2020



Directory Goal:

The goal of this directory is to bring awareness to our membership to seek out mental health resources. This is not an exhaustive list of resources but a beginning to finding assistance. The clinicians included in this directory have requested to be listed and are not being endorsed by the Department of Virginia nor any officers that serve our organization. As a member seeks out assistance this should be just the beginning of finding a clinician in which to work. You are your best advocate; please remember that you should connect with your clinician and not just settle for a mental health professional.

The VFW is committed to changing the stigma associated with seeking out assistance for mental health issues. Check out the National VFW website for some great resources:

<https://www.vfw.org/assistance/mental-wellness>

Finally, if you need assistance help is a phone call away here are some important resources:

- Emergency Services 911
- National Suicide Hotline 1-800-273 8255 (TALK)
- National Human Trafficking Resource Center (NHTRC) [nhtrc@polarisproject.org](mailto:nhtrc@polarisproject.org)
  - Toll free - 24 hours/day - 7 days/week 1-888-373-7888
- Military One Source [militaryonesource.mil](http://militaryonesource.mil) (Marriage and Family) 800-342-9647
- Veterans Administration <https://www.va.gov/find-locations> (844) 698-2311
- International Association of Firefighters Center of Excellence  
Upper Marlboro, Maryland Cell: (240) 357-4838 Referral Line: (877) 884-4684  
Admissions Fax: +1 (240) 536 9195 [www.IAFFrecoverycenter.com](http://www.IAFFrecoverycenter.com)

### **VFW Department of Virginia Service Officers:**

VFW Service Officers are trained experts, helping veterans develop their case with ease by reviewing and applying current law, pertinent legislation, regulations and medical histories. As skilled professionals, we assist in filing for disability compensation, rehabilitation and education programs, pension and death benefits, and employment and training programs. Furthermore, we won't hesitate to request hearings before the VA and the Board of Veterans Appeals to present oral arguments when needed.

Bobbiejo Lazo  
VFW Department Service Officer  
1400 Lynchburg St, Hopewell, VA 23860  
Ph:804-452-1437 Fax: 866-695-7456  
Email: [serviceofficer@vfwva.org](mailto:serviceofficer@vfwva.org)

Tami Brown  
Claims Consultant  
14631 Minnieville Road, Dale City, VA  
22193  
Ph:703-670-9002 x6  
Email:[tbrown@vfwva.org](mailto:tbrown@vfwva.org)

Kelly Pearson  
ADSO  
111 A View Avenue, Norfolk, VA  
Ph: 757-904-1083  
Email: [kpearson@vfwva.org](mailto:kpearson@vfwva.org)

## **Eastern Virginia**

### **Regional Resource**

**Barry Robinson Center** 443 Kempsville Road Norfolk, VA 23502

Admissions: admissions@barryrobinson.org 1-800-221-1995 (toll free) 1-757-455-6100 (local)

**Hampton Roads Hyperbaric Therapy**, 129 W. Virginia Beach Blvd Ste 140, Norfolk, VA 23510 Phone: 757-452-3934 [www.HRHyperbaric.com](http://www.HRHyperbaric.com)

**Trails of Purpose**, Equine Assisted Psychotherapy services

Kayla Arestivo, President Location undisclosed for privacy, Virginia Beach

757-655-5566 Email: [info@trailsofpurpose.com](mailto:info@trailsofpurpose.com) Webpage [www.trailsofpurpose.com](http://www.trailsofpurpose.com)

**Veterans Wellness Center of Hampton Roads**: Address: 129 W Virginia Beach Blvd Ste 14, Norfolk, VA 23510 Phone: (757) 452-3937 <https://www.vwchr.org/>

**Welcome Home Initiative** 757-496-0001 Web: <https://welcomehomeinitiative.org/>

### **Clinicians**

#### **Chesapeake**

Churchland Psychological

3101 American Legion Road, Suite 21B, Chesapeake, VA 23321

Crystal Harris, LCSW, CSAC (757) 483-3404

phoenix.wellness.llc@gmail.com

Rawles Psychological Services

Elissa Jarvis, PsyD, LCP (Prolonged Exposure and Cognitive Processing Therapy)

Portia Rawles, PsyD, LCP (EMDR)

Michael Johnson, LCP

2010 Old Greenbrier Rd. Suite J, Chesapeake, VA 23320

Phone: (757) 493-2912 Web: [www.rawlespsych.com](http://www.rawlespsych.com)

#### **Norfolk**

Genesis Counseling Center

Donna Hurst, MA, Resident in Marriage/Couples/Family Counseling

Norfolk VA 757-965-5886 X1029

Specialties: EMDR, Compassion Fatigue Therapist, Intimate-Partner Violence

#### **Virginia Beach**

Atlantic Family Therapy

1120 Laskin Rd., Suite 104, Virginia Beach, VA 23451

Carmen Wolf, Licensed Marriage and Family Therapist

Phone: 1-757-650-5346 Web: [Atlanticfamilytherapy.com](http://Atlanticfamilytherapy.com)

Hope Counseling and Psychotherapy  
Angela F. Montgomery, LPC, NCC, BC-TMH  
328 Office Square Lane, Suite 104, Virginia Beach, VA 23462  
Cell: 360-305-6900 Website: <http://www.hopecounselingandpsychotherapy.com>

New Vita Neurotherapy  
101 N. Lynnhaven Rd #200, Virginia Beach, Va 23452  
Ronald L. Riffle, Jr., M.A., USN, Ret., Resident in Counseling  
EMDR, Neurofeedback, Trauma Counselor, VFW Life Member  
Email: [nvnron@gmail.com](mailto:nvnron@gmail.com) phone: 757-309-0409

New Vita Neurotherapy  
101 N. Lynnhaven Rd #200, Virginia Beach, Va 23452  
Jane Lujan, USA, Ret, Resident in Counseling  
EMDR, Neurofeedback, Trauma Counselor  
Email: [NewvitaJaneL@gmail.com](mailto:NewvitaJaneL@gmail.com) phone: 757-748-5754

Restorative Psychotherapy & Wellness, Netsanet Tegegn, LCSW  
3630 S Plaza Trail Suite 150A, Virginia Beach VA 23452  
P: 757-568-8362, [Therapy@netsanettegegnlcsw.com](mailto:Therapy@netsanettegegnlcsw.com) web: <https://www.therapywithnet.com/>  
EMDR, Cognitive Processing Therapy, Prolonged Exposure, CBTI, and Nightmare Rescripting

Turning Point Counseling and Consulting  
Lisa Duez, LCSW, CSAC, ACS  
EMDR Certified Therapist/Consultant in Training (CIT)  
5301 Providence Road, Suite 20, Virginia Beach, VA 23464  
Phone: 757-347-8840 Web: <http://turningpointva.com/>

### **Williamsburg**

Abundant Life Partners, LLC, [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Lisa Wolanzyk, LCSW and Aneta Piasecki, LCSW  
Jamestown Road Location, 1315 Jamestown Rd Suite 203, Williamsburg, VA 23185  
Colonial Williamsburg Location, 501 St George St Suite 309, Williamsburg, VA 23185  
757-603-4603 phone 757-257-9146 fax email [hello@abundantlifepartners.com](mailto:hello@abundantlifepartners.com)

Cynthia B. Trower, MA, LPC, LMHC  
New Town Counseling Center  
5388 Discovery Park Blvd. Suite 120-B, Williamsburg, VA 23188  
[www.newtowncc.com](http://www.newtowncc.com) phone: 757-345-5588 or 757-550-1988 (off-site)

Web:

## **Northern Virginia**

### **Burke**

Jodi Kohut, NCC, Licensed Resident in Counseling  
Nova Terra Therapy 5213-A Lyngate Ct., Burke, VA 22015  
Phone: 571-386-0168 Email: [jodi@novaterratherapy.com](mailto:jodi@novaterratherapy.com) Web: [www.novaterratherapy.com](http://www.novaterratherapy.com)

## **Central Virginia**

### **Charlottesville**

The Practice Of Blooming  
Violet Vorlet ,MA, LMFT, CMHS  
1 Boars Head Place, Charlottesville, Virginia 22903  
phone: (503) 468-9897 email: [violet@thepracticeofblooming.com](mailto:violet@thepracticeofblooming.com)  
Web: <https://www.thepracticeofblooming.com>

### **Chesterfield**

Thriveworks  
Yesenia Adent, LPC  
EMDR trained  
9846 Lori Rd Ste 201, Chesterfield, VA 23832  
Phone: (804) 419-4122

### **Henrico**

Heart & Mind  
Amy Reamer, LMFT, RPT-S  
- EMDR, TF-CBT, Safe & Sound Protocol, Play Therapy, Reunification Therapy- ages 3 and up  
2301 Hilliard Rd Ste 8 Henrico, VA 23228  
Web: [www.heartmindrva.com](http://www.heartmindrva.com) Email: [info@heartmindrva.com](mailto:info@heartmindrva.com)  
804-307-2801 office 804-986-4669 mobile

### **North Chesterfield**

MySpectrum Counseling & Coaching  
707 N Courthouse Rd, North Chesterfield, VA, 23236  
Phone: 804-924-2236  
website: [www.myspectrumcc.com](http://www.myspectrumcc.com)

SunnyDaze Holistic Counseling  
Neva S. Morrison, LCSW  
Therapist, EMDR Trained Clinician  
1905 Huguenot Rd., Suite 305  
N. Chesterfield, VA 23235  
Phone: 804.506.3837 email: [nmorrison@sunnydazeholisticcounseling.com](mailto:nmorrison@sunnydazeholisticcounseling.com)

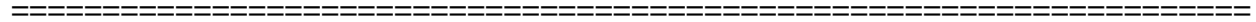
**Shenandoah Region**

More to be added in future edition.

**Southwest Virginia**

**Martinsville**

Emerge Counseling and Education, LLC  
Laura Evans, LPC, CSAC  
6 Wall St, suite 107, Martinsville VA 24112  
Phone: 276-258-6139



Our next edition plans to be published in December 2020. If you are a mental health professional in Virginia that would like to be included as veteran friendly please email Ron Riffle at [nvnron@gmail.com](mailto:nvnron@gmail.com) by October 31, 2020 the following information:

- Practice Name
- Clinician(s) Name(s)
- Trauma informed certifications or training
- Address
- Phone Number
- Email
- Website



VFW Riders VA

# 7th Annual 4 Season's Poker Run

First 50 riders who register will  
get a FREE VFW buff!



**\$15 per Rider/\$5 per passenger**

Come help support the VFW Riders VA! Cost includes lunch provided by Mission BBQ at the end of the run. Musical Guest Sons of the Beach! Cash prizes for best hand and as always there will be items for raffle/auction. All proceeds support the VFW Vander Clute fund, which supports Veterans and their Families

**Sept 26<sup>th</sup> Registration 930 – 1030 First bike out at 10AM**

Poker run starts at VFW Post 3160, 111 A View Ave,

Norfolk, VA & ends at VFW

Post 4809, 5728 Barte St,

Norfolk, VA.

Poker Run is sponsored in part  
by Powerhouse Gaming



Powerhouse Gaming

2020 4 SEASON'S  
POKER RUN

- breakfast from 8 to 10 at Post 3160 for \$5
- Bar at Post 3160 will be open during registration
- Raffle & Auction prizes at end Post 4809
- First 50 riders registered will get a FREE VFW BUFF
- VFW Guardian Bells will be available for only \$5



- Lunch proudly donated by



- Live music from Sons of the Beach!





## **Mitchell L. Rubenstein**

Candidate for the Office of State Surgeon

Comrades my name is Mitchell Rubenstein and I am running for State Surgeon. I moved from New York to Virginia in 2010 and joined VFW Post 2447 in Edinburg August 2012 as a Life Member. Within my first six months I was asked to serve as both Post Quartermaster and Adjutant. Over the next few years I also served as the Post Junior Vice Commander, Senior Vice Commander, and currently serve as Post Commander. At the Post I saw the need for, and led the creation of, our Honor Guard, the Post Riders Group, and I was assigned to be the Recruiting/Membership Team Leader. I am pleased to say we made All-State the past two years, and our Honor Guard and Riders Group have brought credit upon our Post as we continually receive positive accolades throughout the valley. Next, I was elected twice as the District Commander for the 7<sup>th</sup> District in the rural Northwestern corner of the state. We made All-State and improved many programs and administrative processes making us stronger.

I enlisted in the Army January 1981, served as an Airborne MP Explosive Detection Dog handler with the 118<sup>th</sup> Military Police Company (Airborne) at Fort Bragg, NC. I was deployed and served with my unit and others during the invasion and rescue mission “Operation Urgent Fury (OUF)” in Grenada in October 1983. I joined the Army Reserve in June 1984, with the 812<sup>th</sup> MP Company. Soon after I changed my MOS to Infantry to be a Drill Sergeant and after 3 ½ years I returned to the MP’s. I attended and graduated the First Sergeants Course 1993 and the Sergeants Major Academy in 1996. I retired honorably after 21 years of faithful service March 2002 at the rank of Command Sergeant Major. My Senior leadership positions were Senior Drill Sergeant, Battalion and Brigade 1SG, and Battalion CSM (multiple tours). In my civilian job I retired as a Police Officer from the Hempstead Police Department (NY), after 24 years of service. I held various positions as a Sniper/Observer, Defensive Tactics Instructor, State Instructor, Radar/Lidar Operator, Motors Officer, Field Training Officer, Honor Guard Trainer, and served on the PBA Board as the Corresponding Secretary.

Since my retirement, I am a Taxidermist (hobbyist). I have volunteered as a coach for the Woodstock/Edinburg youth football and basketball leagues, MMA football and basketball teams, Master Instructor for the State of Virginia’s Hunter Safety Program and Treestand Safety Team. I have been the President of the Blue Knights (Law Enforcement Motorcycle Club) VA XVI, Secretary of Blue Knights NY X, and was the 1<sup>st</sup> President and founder of the 118<sup>th</sup> MPCo. Airborne Association which currently has over 300 members. I continue as a member for the Honor Guard in both the VFW and American Legion. I am currently the Commander of Post 2447.

I currently live in Edinburg with my wife Suzanne. She is a VFW Life Member, a retired Command Sergeant Major, and she currently works at VMI as the Director of Activities. My wife and I have been married for 21 years and have two children, daughter Casey, and son Sidney. I am a team player who works hard to support every organization that I am part of and would like to give special focus to the VFW at the State level so we can strengthen our organization by supporting our Posts and Districts. My experience gives me a strong perspective on the importance of State officers being engaged and supportive. Failure is not an option because our mission is so important for our members and all Veterans, Service members and their families. I would appreciate your support, and I will do my best to assist you and your Posts in anyway I can.

Fraternally,

Mitchell L. Rubenstein  
516-381-5906 - Cell  
[cdrpost2447@vfwva.org](mailto:cdrpost2447@vfwva.org)  
[mitchret.csm@gmail.com](mailto:mitchret.csm@gmail.com)





**VETERANS OF FOREIGN WARS.**

**Doug Hoffman**  
for  
**Department Surgeon**  
**2021-2022**



- 
- **Qualifying Campaign—Operation Iraqi Freedom**
  - **Retired Navy Chief**
  - **Two time Post Commander of Ocean View Post 3160**
  - **All State and All American Post Commander**
  - **Commander of District Two**
  - **State Inspector**
  - **Past Department Deputy Chief of Staff**

**My Goals as a member of the VFW is the continued recognition of our Vietnam Veterans and assisting them as they are entering their retirement years. They seem to be the forgotten members and they have a lot of wisdom and leadership to offer our communities. We need to be the ones to find them and offer membership and services to them as we continue to do for all veterans.**

---



Members 500+ will  
see your ad!

# VFW Auxiliary Department of Virginia PRESIDENTS BOOK

Maggie Myers

2020-2021

434.242.3826

Payments for the ad will be sent directly to VFW  
Headquarters attention VFW Quartermaster - identified for  
VFW Auxiliary Ad.

403 Lee Jackson Highway Staunton, 24401

## Ways to Sponser!

### Full Page Ad

8X11

You provide ad \$300

We create ad \$450

\*Logo Added to Website

### Half Page Ad

4x5.5

You provide ad \$175

We create ad \$225

\*Logo Added to Website

### 1/4 Page Ad

2x5.5

You provide ad \$100

We create ad \$150

For questions on Ads please email  
[VFWAUXVAMARKETING@gmail.com](mailto:VFWAUXVAMARKETING@gmail.com)